**2021 YAMWI Conference Schedule**

**Wednesday, June 9, 2021**

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7:45am     Welcome & Introductions - Jean Hunhoff, BSN, MSN, MHA & SD District 18 Representative

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8:00am    "The Covid-19 Pandemic and Social Isolation: What have we learned?" - Teepa Snow, MS, OTR/L, FAOTA

As the COVID-19 pandemic continues in the United States and the rest of the world, providing care for people living with dementia (PLwD) has never been more challenging. Teepa Snow will discuss ways to provide better care to PLwD, while keeping them safe from the Coronavirus by addressing: What we’ve learned so far about dementia care during the pandemic; Creative solutions that caregivers have been able to safely implement to improve the lives of those they care for; How program leaders can help create safe environments for PLwD to receive necessary social interaction.

9:20 am    "Rediscovering the Beauty Within" - Sasha Joseph Neulinger

Rediscovering the Beauty Within promotes providing hope and inspiration to survivors of sexual abuse and the agencies, centers, and organizations that work to serve them.

11:00am "Developing Activities that Have Meaning for People Living with Dementia and adaptations for men" - Teepa Snow, MS, OTR/L, FAOTA

Anger, physical resistance, swearing, hallucinations, and sexually inappropriate actions are a few of the challenging behaviors that can occur when an individual has dementia. Teepa addresses the physical and emotional needs and how to ease the discomfort, calm the person in distress, and reduce future escalations.

1:00pm "Rewind" - Sasha Joseph Neulinger
Sasha Joseph Neulinger is the Founder and President of Voice For The Kids, and Co-Founder and Head of Production at Step 1 Films. Sasha travels nationally as a public speaker, advocating for reforms in child advocacy and child abuse prevention. In April 2019, his autobiographical, feature length documentary, “Rewind” had its world premiere at the 2019 Tribeca Film Festival where it received rave reviews and the highest Metacritic rating at the festival.

3:00pm "Enhancing Mobility and Reducing Fall Risks" - Teepa Snow, MS, OTR/L, FAOTA

Effective approaches can reduce the hazards for persons with dementia. Teepa offers guidance for responses to certain types of behaviors and the best approaches for interacting with patients with dementia. Minimizing resistance promotes safety and increases positive interactions.

3:00pm "Service Animals within Workplaces" - Rocky Mountain ADA Center

Many businesses provide services and/or products to the public, which requires encountering customers who come with animals. The Rocky Mountain ADA Center facilitates interactive virtual training to learn more about the ADA and service animals within workplaces.

3:00pm "Suicide Prevention Data and Resources" - SDThe data dashboards on SDSuicidePrevention.org/data were upgraded utilizing a new software to provide the public, partners, and other state agencies the ability to have the most recent data available to them. The data dashboards are interactive and provide more detail to help inform areas of focus and evaluate impact of prevention strategies. For example, within the data dashboard there is a map that includes suicide rates by county, which can help inform response efforts at the local level. Department of Social Services

4:30pm "Cultivating Compassion and Gratitude Through Yoga and Meditation" - Amy Reyes, MS, ED in School Counseling, RYT-200

Gratitude and compassion practices have been shown to increase the brain areas involved in the production and release of dopamine, lower the stress response, and contribute to an overall sense of wellbeing. This session will be an experiential practice incorporating chair yoga and guided meditation to facilitate self-exploration and the cultivation of gratitude and compassion for self and others. Give yourself this time to slow down, refill your cup, and begin your day in a calm and mindful manner.

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**Thursday, June 10, 2021**

7:45am   Welcome and Announcements, Jean Hunhoff, BSN, MSN, MHA, SD District 18 Representative

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8:00am "The Addicted Brain" - Dr. Laura G Leahy, DrNP, APRN, FAANP, FAAN

This presentation will offer the audience a comprehensive overview of the brain, its neuroanatomy and physiology as it relates to the opioids, substance use disorders, and addiction. The lecture will also cover the genetic factors influencing substance use disorders as well as the neurochemistry involved in determining pharmacological treatment and medication assisted therapies for substance use disorders.

10:00am "Recognizing Individual and Organizational Ethical Concerns" - Matthew R. Fairholm, PhD

Because everything we do in our work is more important than thinking about ethics, ethics may be the most important thing we think about. We interact with and exert influence in the lives of others. That kind of work requires us to take inventory of not just what we do, but how and why we do it. Using the “4 V’s of Leadership” framework and different ethical traditions, this session explores how we put our values to work every day.

1:00pm "NAMI SD Ending the Silence" - Mallory Kloucek

NAMI Ending the Silence addresses the warning signs of mental health conditions and the steps for intervention when others are showing symptoms of a mental health condition. Topics covered in the presentations include: Signs and symptoms of mental illness; Statistics on how mental illness affects youth; Personal perspectives on the experience of living with mental illness; Recovery and coping strategies; Ways to help reduce the stigma associated with mental illness; and How to help others.

1:00pm "PREpARE Model of Crisis Planning for Schools" - SD Department of Social Services

The PREPaRE model emphasizes that members of a school crisis response teams must be involved in the following hierarchical and sequential set of activities: P—Prevent and prepare for crises. R—Reaffirm physical health & welfare, and perceptions of safety & security. E—Evaluate psychological trauma risk.

1:00pm "Drug-Drug Interactions, Opioid Use Disorder and Medication Assisted Treatment" - Dr. Laura G Leahy, DrNP, APRN, FAANP, FAAN

An overview of opioid use in conjunction with other substances of abuse. A case illustration will review the impact of potential drug-drug interactions related to stabilization of opioid use disorder with medication assisted treatment and other substances of abuse. It will also address rationales for continuing Medication Assisted Treatment considering other substance use.

2:20pm "Treating Co-Morbidities & Opioid/Substance Use Disorders" - Dr. Laura G. Leah, DrNP, APRN, FAANP, FAAN

This overview of common co-morbidities will review ways to differentiate between independent and substance induced psychiatric disorders. Ways to screen for and identify co-morbidities and treatment implications using a case-based format will also be discussed.

 2:20pm "Understanding the Berafian Model of Grief" - Dr. Mark VandeBraak, Ph.D., FT, MT-BC

As a Thanatologist, Music Therapist, and Clinical Instructor, Dr. VandeBraak utilizes the power of music to help others heal. Implementing the Berafian Model of Grief can guide others through their feelings of loss and longing.

3:40pm "Professional Ethics" - Matthew R. Fairholm, PhD

Professionals in healthcare, education, and many others are bound by a Code of Ethics for their profession. Following those codes, Dr. Fairholm will guide participants to increased understanding to ensure of ethical practice in their daily work.

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*LLH saved as: Y21-Brochure from website-Lois added descriptions*