

BREAKOUT 1 – Wednesday, 1:30 p.m.

1) A Survivor's Story

Mary Jackson, Call to Freedom Survivor Program Coordinator

During this presentation, a human trafficking survivor shares her journey.

2) South Dakota Continuum of Care in Action

Jesse Bailey, BA, Executive Director for Pathways Shelter for the Homeless
Stephanie Marshall, MSW, South Dakota Housing Development Authority
Joseph Tielke, BS, Continuum of Care Administrator

This combined presentation will feature an overview of the South Dakota Continuum of Care, its Coordinated Entry Program and Pathways Shelter for the Homeless. The Continuum of Care (CoC) is the statewide homeless response system. Coordinated Entry (CE) is a program that assess and prioritize households for CoC housing projects. Pathways has been a Continuum partner for many years.

3) New Changes to the 2022 ASCA Ethical Standards

Dan DeCino, PhD, Associate Professor

This presentation will highlight the new changes to the ASCA 2022 Ethical Standards. The impact of the changes that directly impact work with students, administrators, and parents or guardians will be discussed.

4) Emotional Toll of Immigration

Sarah Brandt, MA Ed, President of Connecting Cultures

This presentation contains a rural perspective on the immigration process for newcomers, the emotional toll it has on the individual and their families, and best practices to aid individuals as they navigate immigration.

5) Life's Not Autofocus

Adonica Kunnen Cooper, MPA, RSW

We learn and grow through challenges, failures, falls, embarrassment, and stressful moments. From time to time, it's important to revisit what we believe and how we perceive the situation before us. What we see, feel, and how we respond is based on our own personal lens of information we've gathered, correctly or not. This workshop will revisit what we've learned (healthy and unhealthy), the bias we bring to situations (we all have bias), how to recognize and embrace vulnerability (leadership), and the practice of gratitude through connectivity with others.

BREAKOUT 2 – Wednesday, 3:00 p.m.

6) Human Trafficking 101 / Mental Health Concerns

Paze Cook, LCSW, LAC, AMHP, Youth Director
Margaret Doom, Call to Freedom Community Navigator

This presentation shares information on human trafficking and its effects on a person's wellness.

7) Key Components of Dialectical Behavioral Therapy / Considerations When Working with Highly Suicidal Clients

Amber Chan, LPC-MH, DBT-LBC, CPT, AMHP
Kassie Frey, CSW-PIP, AMHP

The focus of this presentation is key skills in Dialectical Behavioral Therapy (DBT), including key factors to consider when working with high risk clients.

8) Working with Special Populations: Military Families And Mental Health

Sarah Shortbull, MA School Counseling
Paul Shortbull

This duo will share their struggles in dealing with deployment, PTSD, and cultural hurdles that accompany this population of people in need.

9) Overview of the Publicly Funded Treatment System in South Dakota

Andrea Heronimus, BS, Mental Health Services Program Manager
Ranee Peterson, BA, CAC, Substance Use Disorder Services Program Manager
Zach King, MS, Data and Outcomes Program Manager
Colleen Beyer, MPH, Epidemiologist

Division of Behavioral Health (DBH) staff will present on the landscape of behavioral health concerns in South Dakota in comparison with the United States, what resources and services are supported by DBH to provide treatment and prevention services to address those concerns, and the outcomes for those publicly funded behavioral health services.

10) Wellness Tools for Clients and Clinicians

Amy Reyes, MS Ed, School Counselor, RYT-500

Participants will be introduced to various mindfulness-based "tools". Research and evidence-based findings on mindfulness practices will be discussed and participants will have an opportunity to experience these practices as a way of promoting wellness for themselves and those they serve.

BREAKOUT 3 – Thursday, 1:30 p.m.

11) The Secret Sauce for Sustainable Crisis Services

Wayne W. Lindstrom, PhD

This session will outline the ingredients necessary for sustaining fidelity to the Crisis Now Model.

12) Autism and Evidence-Based Supports

Kate Helbig, PhD

This presentation will provide a brief overview of Autism Spectrum Disorders (diagnostic criteria, how it differs from other neurodevelopmental disorders) as well as evidence-based practices centered around serving autistic/individuals with Autism Spectrum Disorders.

13) Addressing Mental Health and IBD

Dr. Sarah Cole, MD

Inflammatory bowel disease has a significant impact on mental health and emotional well-being. This presenter will discuss how to screen for common mental health conditions and get help for those struggling to cope with their disease.

14) Best Practices for Surviving an Active Shooter Encounter

Mike Burgeson, MA

This instruction is designed to give participants multiple options for if they are the target of an active shooter. This course is not a certification course but is rather for general knowledge on the best practices based on historical events.

15) Traumatic Stress Education: Recognition and Management

Amanda Reed, PhD, Licensed Psychologist

In this presentation, discussion will focus on what traumatic stress is and what causes it, how to recognize the signs and symptoms, when and how to seek additional support if needed, and what to do to keep yourself and your family healthy in times of extreme and everyday stress.

BREAKOUT 4 – Thursday, 3:00 p.m.

16) An Ounce of Prevention: A Tiered Approach to Youth Mental Health Treatment in the School Setting

Miranda Zahn, PhD, School Psychologist

In this presentation, high-impact supportive mental health prevention and intervention techniques will be discussed. The presenter will focus on treating and preventing mental health disorders using Multi-Tiered Systems of Support including screening, assessment, and data-based decision-making.

17) Security Threat Groups

Edward Loewe, BS

This presenter has worked in a special investigation unit through the South Dakota Department of Corrections and has focused on gangs, in and out of the prison system, for 15 years.

18) Civil Legal Services in Eastern South Dakota

Lea Wroblewski, BA, JD

The presenter will provide an overview of civil legal aid, services available, and how to connect clients with legal services.

19) Excited Delirium

Mike Burgeson, MA

This course is designed to help the participants recognize behavioral signs of Excited Delirium, understand the risks of confrontation, and treatment as a medical emergency. The indicators of the increasing trend of Suicide by Cop and the effects on response, victims, and the community will also be discussed.

20) Be The Exception: 7 Keys to Transformation

Annie Meehan

Annie’s story of resilience and overcoming life’s circumstances has allowed her to escape the cycle of negativity and transform into the successful influencer that she is today. Participants will be introduced to her seven steps to transformation that are critical to becoming authentic, leading with confidence, and living a truly exceptional life.