

United Way & Volunteer Services of Greater Yankton

PO Box 387

Yankton, SD 57078

**Casual attire encouraged.*

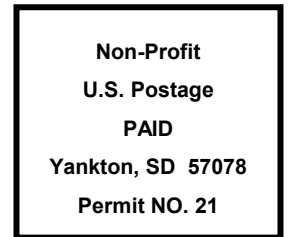
**Bring along business cards for networking.*

**Mark your calendar for next year's conference
set for Mount Marty College on June 6 & 7, 2012.*

**Please share this brochure with your colleagues.*

**Duplicate this brochure as necessary.*

**Route to: _____
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Change Service Requested

Yankton Area Mental Wellness, Inc. presents the 13th Annual



2011 Theme: "Chemistry for Mental Health: Brain, Personal, Relationships, Life!"

June 8 - 9, 2011 ♦ Mount Marty College ♦ 1105 West 8th Street, Yankton, SD

Early Registration: \$95.00/participant if postmarked by 05/20/11.

Optional graduate and undergraduate college credit offered for additional fee.

"Thank you for 2011 conference sponsorship and in-kind support:"

**South Dakota Advocacy Services & PAIMI - Protection & Advocacy for Individuals with Mental Illness Program
Mount Marty College ~ Lewis & Clark Behavioral Health Services, Inc ~ South Dakota Human Services Center
Yankton United Way & Volunteer Services ~ Yankton Press & Dakotan ~ Yankton Medical Clinic ~ Ability Building Services
SD Department of Social Services Division of Behavioral Health ~ SD Council of Community Mental Health Centers
Benedictine Health Foundation ~ Hy-Vee Food Stores ~ Avera Sacred Heart Hospital ~ Williams & Company PC
Yankton School District #63-3 ~ Southeast Job Link ~ Keystone Treatment Center ~ Mike Durfee State Prison
Yankton District Office of the South Dakota Division of Rehabilitation Services
Coalition for Drug-Free Yankton ~ Yankton County Child Protection Team ~ Healthy Yankton Group
Avera Education & Staffing Solutions ~ Yankton Rural Area Health Education Center
Yankton Area Chamber of Commerce Community Health & Safety Committee**

Avera Education & Staffing Solutions is a participating provider for this year's conference

MENTAL WELLNESS CONFERENCE WEDNESDAY, JUNE 8th & THURSDAY, JUNE 9th, 2011

~ REGISTRATION DUE BY MAY 20, 2011 ~

Please *clearly* print or type information. One person per form; please duplicate form as needed.

This information ____ may ____ may not be shared with conference participants.

NAME: _____ POSITION/TITLE: _____

AGENCY/ORGANIZATION: _____ E-MAIL ADDRESS: _____

BUSINESS PHONE: _____ WORK ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____ FAX: _____

SESSION REGISTRATION:

Wednesday, June 8, 2011 ~ Please mark first choice (1st) and second choice (2nd) for each session!

Session I 10:30 AM 1____ 2____ 3____ 4____ 5____ 6____

Session II 1:30 PM 7____ 8____ 9____ 10____ 11____ 12____

Session III 3:00 PM 13____ 14____ 15____ 16____ 17____ 18____

Check one: ___ I will ___ I will not be attending lunch at the conference on Wednesday, June 8, 2011.

Conference meals are provided by certain conference sponsors for registered conference participants.

Thursday, June 9, 2011 ~ Please mark first choice (1st) and second choice (2nd) for each session!

Session IV 9:15 AM 19____ 20____ 21____ 22____ 23____ 24____

Session V 10:45 AM 25____ 26____ 27____ 28____ 29____ 30____

Session VI 1:30 PM 31____ 32____ 33____ 34____ 35____ 36____

Check one: ___ I will ___ I will not be attending lunch at the conference on Thursday, June 9, 2011.

Conference meals are provided by certain conference sponsors for registered conference participants.

OPTIONAL COLLEGE CREDIT: Check one: ___ I am ___ I am not registering for

___ undergraduate / Mount Marty College
Lori Lincoln, Associate Professor, Mount Marty College
Phone: 605-668-1460 or email: llincoln@mtmc.edu

___ graduate college credit / University of Sioux Falls
Thomas Stanage, Ph.D., Executive Director
Lewis & Clark Behavioral Health Services, Inc
Phone: 605-668-3294 or email: Lois.Halbur@state.sd.us

Upon arrival at the Yankton Area Mental Wellness, Inc. conference, individuals seeking undergraduate or graduate college credit must complete college registration form, submit registration fee payable to the college, and obtain the course syllabus.

ACCESSIBILITY: The conference site is primarily Americans with Disabilities Act accessible. Please list here special needs for disability accommodations: _____

CONFERENCE FEE: \$95.00/participant (late registration fee of \$130.00 required if postmarked after May 20, 2011). Payment must be mailed with registration. **Make checks payable to:** Yankton Area Mental Wellness, Inc. Please call 605-665-4659 ext 218 if invoice billing is required for payment by an agency or organization.

RETURN REGISTRATION FORM & FEE TO: Yankton Area Mental Wellness, Inc.,
% LCBHS,
1028 Walnut
Yankton, SD 57078

Conference brochure with session descriptions & registration online at www.yamwi.org

THIRTEENTH ANNUAL YANKTON AREA MENTAL WELLNESS CONFERENCE

DATE: WEDNESDAY, JUNE 8, 2011

ALL DAY: Books Are Fun (YAMWI fundraiser book sale)

7:30 AM - 8:30 AM - REGISTRATION

8:00 AM - Music as Therapy - The role of music is woven into the fabric of our lives. From the lullabies of our earliest memories to the songs that date the moments we remember, music serves to not only reflect our memories, but also provide the therapy to help us through our daily as well as our lifetime struggles. This session will briefly explore the role of music in our lives.

Guy Larson, BS – is a Yankton native who began playing the 5-string banjo while attending Colorado State University in 1974. He continued to learn both three-finger style and claw-hammer banjo during his college days and for a while after. For some years thereafter, the banjo was put away, only to make a re-appearance about ten years ago. Since then, Guy has actively sought to improve his playing by attending workshops and lessons with some of the finest living banjo players. He currently plays in the Pisgah Mountain String Band and provides beginning and intermediate banjo lessons.

8:30 AM - Welcome & Introductions - Jean Hunhoff, BSN, MSN, MHA, Avera Sacred Heart Hospital
Presentation of Awards –Pam Kettering, Executive Director, United Way and Volunteers Services

8:45 AM – 10:15 AM - Keynote: Leadership Doesn't Need a Title – One day you're talking and laughing with colleagues about life and how stupid management can be, and the next day, you're the leader – you're in charge. Everything is different because it is different. Before you became a leader, success was all about growing yourself. When you become the leader, success is all about growing others. Learn how the seven habits of highly effective leaders can give you the keys to unlock the secrets of immediate and sustainable success in your mental health organization. Video clips will be used to illustrate the seven habits of highly effective leaders and why leadership doesn't need a title. Attendees will participate in an individualized assessment of their Leadership Potential.

Keynote Presenter: Dean Aufderheide, Ph.D., is a licensed Clinical and Forensic Psychologist in the state of Florida. He holds a Masters degree in Theology, a Ph.D. in Clinical Psychology and is working toward a Masters degree in Public Administration. For the past seven years, "Dr. Dean" has served as the statewide Director of Mental Health Services for the Florida Department of Corrections, where he is responsible for the leadership and oversight of a \$64 million mental health delivery system for over 100,000 inmates at sixty-three major correctional institutions

10:30 AM – 12:00 NOON – BREAKOUT SESSION I

1) Infant to Toddler Mental Health – this session will describe the infant's development of attachments and relationship and the importance of the caregiver's role.

Presenters: Jeremy Koerselman, MSW, is a children's therapist. He previously was employed at Lewis and Clark Behavioral Health Services, Inc and currently is employed at Creative Living Center, PC in Rock Valley, IA.

Elizabeth Rembold, CSW-PIP, QMHP, has worked in mental health for over 10 years. She currently works at Lewis and Clark Behavioral Health Services, Inc as a children's therapist and also as an adjunct for the University of Iowa.

2) Financial Strain and Mental Wellness: Attenuating Cortisol Reactivity– Recent psychiatric research has firmly established the link between financial stress and strain, cortisol reactivity, and heightened vulnerability to a variety of mental health issues including major depressive disorder, personality disorders, and schizoaffective disorders. This session will discuss the evidence in order to increase awareness of the impact that economic issues may have on individual neuroendocrinology and suggest a variety of interventions to buffer against cortisol reactivity by enhancing financial resiliency.

Presenter: Peter A. Kindle, Ph.D., CPA, MSW, is an Assistant Professor at The University of South Dakota. His dissertation, *Financial Literacy and Social Work: Questions of Relevance and Competence*, was completed in 2009, and most recently, he has authored the chapter Prevent Poverty: Education and Employment Policy in Diana DiNitto's *Social Welfare: Politics and Public Policy* (Pearson, 2011)

3) Informal Caregivers' Attitudes and Perception Toward the In-Home Monitoring System – This session will examine informal caregivers' attitudes and perceptions toward using the In-Home Monitoring System (IMS) for care of adult family members or friends with a serious mental illness. Findings show caregivers have a positive attitude toward using the IMS for their family member or friends' mental health recovery, perceive the system to be useful, and perceive the system neither difficult nor easy to use.

Presenter: Jarod T. Giger, Ph.D., MSW, LCSW, is an Assistant Professor at the University of South Dakota, School of Health Sciences Department of Social Work.

4) Current Adolescent Substance Use Trends – a discussion of the latest substance use trends in adolescents including information on particular substances and evidenced based practices. Also will provide tips on coaching families.

Presenters: Tara Espland, MS, received her Bachelors from Minnesota State University, Mankato in Drug/Alcohol Studies & Corrections. She obtained a Masters in Counseling from South Dakota State University in 2010. Tara has worked at Keystone Treatment Center in Canton, SD for 6 years as the Head Counselor in the Adolescent Girls unit.

Christy Alten-Osmera, BS, has worked with adolescents for nearly 16 years in outpatient, inpatient, residential and school settings. She is currently the program director for the adolescent unit at Keystone Treatment Center.

5) Hooking Up, Culture or Culture Clash – a discussion of the hook-up culture as a social phenomena will focus on normalization of behaviors within late adolescents and young adults. The impact of a revision of the free love movement into Baby Boomer's babies will be discussed.

Presenter: Dr. Matt Stricherz, Ed.D., CCDC III, CPS, has been a licensed psychologist since 1978 and has worked with students in universities in Texas, New Mexico, Guam, and South Dakota. Matt along with Dr. Lila Rucker from USD was the co-investigator of a 5 year grant related to stopping violence against women in regard to sexual assault, stalking and domestic violence.

DATE: WEDNESDAY, JUNE 8, 2011

6) A “Nuts and Bolts” Discussion – In today’s environment, persons with a mental illness diagnosis face enormous challenges in dealing with agencies and systems designed to provide support. Often, it is the basic information that is needed to achieve the best outcomes. A broad ranging discussion of employment, post-secondary education rights and responsibilities, housing and dealing with the stigma of mental illness will explore solutions to today’s questions.

Presenter: Dianna L. Marshall, is the Protection & Advocacy for Individuals with Mental Illness (PAIMI) Program Director for South Dakota Advocacy Services.

12:00 PM – 1:30 PM - Luncheon Presentation: **Mental Illness and the Homesteader – will discuss mental illness causes: prairie hardships – what Gov. Mellette saw and did. The presentation will discuss the reactions of other politicians at that time.

Presenter: John Timm, AS, a Social Security Disability Senior Examiner for the state of South Dakota was born in Canton, SD and moved to California at the age of twelve. He received most of his education there. After returning from Vietnam he graduated with honors from Chabot College in Hayward, CA, with a Business Administration degree. He returned to South Dakota and has served as President and Vice President for the Siouxland Heritage Museum Alliance in Sioux Falls, first vice president of the Minnehaha Historical Society, and a costumed docent at the Pettigrew Home and Museum. John got his first living history experience portraying Sioux Falls major George Burnside. He has presented papers at the Augustana History conference in Sioux Falls and the West River conference in Rapid City. His studies have been focused on Gov. Mellette since March of 1999. He has just published a book on the governor, entitled “And the Last Shall Be First”.

**This program is made possible by the South Dakota Humanities Council, an affiliate of the National Endowment for the Humanities

1:30 PM –3:00 PM – BREAKOUT SESSION II

7) Dialectical Behavior Therapy – will explain the basics of DBT including the three components of DBT (learning new coping skills, working through past trauma and focusing on increasing self-esteem and developing healthy relationships), DBT related skills, and DBT in group therapy.

Presenters: Stephanie Lund, MS, NCC, LPC, QMHP, has been a Children’s Clinical Therapist at Lewis & Clark Behavioral Health Services, Inc for 5 years and previously worked at the SD Human Services Center as a youth counselor. She received her Masters in Counseling from South Dakota State University in Brookings, SD.

Dr. David Dracy, Ph.D., QMHP, has his Ph.D. from the University of South Dakota in Clinical Psychology. He has worked at LCBHS, Inc. in Adult Services Since 2000. He serves at LCBHS, Inc. as the Clinical Director of Adult Services. He works with a wide variety of client and has treated many individual with Borderline Personality Disorder over the years. He appreciates the principles and techniques of Dialectical Behavioral Therapy and utilizes those techniques when treated individuals with a broad array of challenges.

8) PFLAG: A Resource for Parents, Family and Friends of Lesbians and Gays – PFLAG is a national organization with chapters in SD. The PFLAG-Yankton group meets monthly and promotes the health and well-being of GLBT persons and their families in order to create a society that is healthy and respectful of human diversity. Learn about the group’s purpose, goals, and resources fro gay individuals and their family embers as well as for professionals in the mental health field.

Presenter: Sherri Rodgers-Conti, MA, is a mother of four adult children, one of whom is a gay man. She organized the local PFLAG chapter in Yankton in September 2009.

9) Alcohol and Drug use in the elderly- from advertisement to addiction - this session will put emphasis on alcohol use in the elderly. A discussion of the elderly drinker includes advertising hooks aimed at the person and stage of addiction. Initiation of use to maintenance of use will be discusses.

Dr. Matt Stricherz, Ed.D., CCDC III, CPS, has been a licensed psychologist since 1978 and has worked with students in universities in Texas, New Mexico, Guam, and South Dakota. Matt along with Dr. Lila Rucker from USD was the co-investigator of a 5 year grant related to stopping violence against women in regard to sexual assault, stalking and domestic violence.

10) Minds on the Edge – It’s your brother, your daughter, or perhaps your best friend struggling with mental illness, and you don’t understand why it is so difficult to get them the help they need. And then the problem escalates when an incident occurs and the police are called to the scene. Why has mental illness become an issue for the criminal justice system? And what would you do to get treatment for someone you love? MINDS ON THE EDGE brings together program panelists with compelling personal and professional perspectives on the challenges of mental illness. Panelists zero in on wrenching situations that are playing out every day in hospital ERs, on city streets and school campuses, in courtrooms and in jails, as Americans struggle with serious mental illnesses like schizophrenia and bipolar disorder. As the dramatic scenario of this seminar unfolds, it reveals the personal dilemmas facing individuals and families, the medical practices that can be obstacles to treatment, and the public policies that are falling short. MINDS ON THE EDGE describes a mental health care system that one panelist calls “the definition of insanity.”

Presenter: Dean Aufderheide, Ph.D. – see keynote presentation for biography.

11) Mental Health Education for Law Enforcement – Law enforcement officers are often the first person someone experiencing a mental health crisis encounters. NAMI South Dakota is working to enhance officers’ knowledge of mental illness and how to respond in a crisis. We hope to help other communities learn how to provide this for their local agencies.

Presenters: Phyllis Arends, RN, is a family member of individuals living with mental illness, former psychiatric nurse and currently Executive Director for NAMI South Dakota.

Stephanie Goldhorn, MS, has a Master’s Degree in Counseling, worked in community mental health centers for years and currently works as Director of Education – primarily with law enforcement – for NAMI South Dakota.

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12) Interventions in Everyday Settings – this session will show how everyday opportunities can be used as opportunities to gain new skills for children of all abilities. This presentation will use a combination of video, lecture, discussion, and practice to illustrate intervention strategies.

Presenter: Amanda Keating, Psy.D., is the director of the Autism Spectrum Disorders Program at the University of South Dakota's Center for Disabilities where she runs a diagnostic clinic; teaches graduate classes, and provides technical assistance to the state. Prior to coming to South Dakota, Dr. Keating has held leadership positions at the University of South Florida and State of Florida, Developmental Disabilities program.

3:00 PM – 4:30 PM – BREAKOUT SESSION III

13) Engaging Young Children – this session will discuss the emotional development and needs of children, beginning in infancy and how parents and caregivers can effectively engage with their kids and support them.

Presenters: Jeremy Koerselman, MSW, is a children's therapist. He previously was employed at Lewis and Clark Behavioral Health Services, Inc and currently is employed at Creative Living Center, PC in Rock Valley, IA.

Lisa Koerselman, BA, was Program Director and Parent Educator for Parents As teacher of Yankton County prior to relocating to Iowa. She assisted parents in supporting their children's development through activities and education. Lisa also instructed the Responsive Parenting class.

14) Working with You is Killing Me - learning points: recognize the symptoms of a negative workplace relationship, recognize the role each of us plays in these situations, learn how to set boundaries and control your reactions to coworkers who cross those boundaries, and learn how to 'unhook' yourself from difficult interpersonal situations at work.

Presenters: Gwen Maag, RN-BC, BS, has experience in Acute Care, Home Care/Hospice, and LTC Nursing. She has been a direct care provider and has held numerous supervisory roles, including positions as Charge Nurse, Clinical Coordinator, Staff Development, Home Care/Hospice Director, and Director of Patient Care Services. Gwen is ANCC-certified in the fields of Med-Surg. Nursing and Gerontology. She is the Education Manager, working with Avera Education & Staffing Solutions managing and providing various healthcare related and inspirational/motivational training programs.

15) The Ultimate Oxymoron: "A Good Death" – You're on the brink of paying off your mortgage; just put a down payment on your first vacation home; the kids' college debts are long gone; and retirement is within sight! You've sacrificed and gone without, now the tickets have been purchased and you're headed for a well-deserved, exciting trip with your beloved...long overdue! One quick trip to your PCP to check your blood pressure and pick up your prescriptions and "Whoa!"... You receive the ultimate shocking news. Making every moment count from that minute on becomes your final mission! What is a "good death?" Kerryn Aufderheide would like to have this conversation with you. Whether it is happening to you, a family member, close friend, or client...come and discover ways to greet this event with care and compassion, with competence and confidence, camaraderie...even a little humor. We will discuss issues such as normal grief vs. depression, family dynamics, advance directives, pain and symptom management, and finally cultural and spiritual dimensions of care. Be courageous as we take a collective breath and look at the challenges and cherished moments of end of life care!

Presenter: Kerryn Aufderheide, RN, MSW, JD, is licensed in the state of Florida as an attorney and a registered nurse. She has an undergraduate degree in psychology and a master's degree in social work. Kerryn has an extensive nursing background which includes her experience as a home health nurse and a clinical nursing supervisor. As a social work intern, Kerryn worked with eating disorder residents on an inpatient unit, and was a discharge planner for a large hospital in San Diego. Her hospice experiences include her role as a social worker and grief counselor for two years, as well as three years as a nurse hospital liaison and community educator. After passing the Florida Bar in 2004, Kerryn practiced as an associate attorney for a firm specializing in administrative law, including certificate of need applications and appeals. Currently Kerryn works in Tallahassee for the Agency for Health Care Administration as a Registered Nurse Specialist in the Medicaid program, evaluating and approving prior authorizations and coordinating fair hearings for the Agency.

16) Strength-based Integrated Assessments: The Dance between the Interview and the Document – Participants will learn the key components of the strength-based interview including how to engage the consumer in sharing his/her story while addressing each of the life areas. Participants will also discuss how to capture the essence of the interview within the document itself. A mock interview will be planned within this session.

Presenter: Kay Ermish, LMSW-PIP, has seven years of experience in the behavioral health field. She is presently the project coordination for the Co-Occurring Disorders State Incentive Grant under the Divisions of Alcohol and Drug Abuse and Mental Health.

17) Reach Out and Touch Someone: Using Web-based Technology for Peer Support, Supervision, Education & More

– presenters who have used technology to teach online for the University of Iowa in Sioux City will demonstrate Adobe CONNECT, Illuminate VCS, and other web-based conferencing systems. Using a peer case supervision model, participants will learn how they can use technology to receive and give social work and human services, peer support, supervision and education across the miles..

Presenters: Julia Kleinschmit, BS, MSW, has taught for the University of Iowa for 12 years, distinguishing herself as a leader in the use of technology in distance education in social work.

Elizabeth Rembold, BA, MSW, has worked in mental health for over 10 years. She currently works of Lewis and Clark Behavioral Services, Inc as a children's therapist and also as an adjunct for the University of Iowa.

18) Introduction to People Planning Together – People Planning Together teaches people who use services to take more of a leadership role in planning and developing their own Person Centered Plan. It is taught by people who use services so they use their own life experiences as examples. We will explain and demonstrate some of the Person Centered Thinking Activities used during the full People Planning Together Training.

Presenters: Shanel Kube, attended school in Crofton, NE, and is currently living in Yankton, SD, where she works at Pizza Hut. She is currently working towards being a certified People Planning Together Trainer.

Kristi Patton, has worked with Ability Building Services since 2000 and became a Person Centered Thinking Trainer in 2008. They attended People Planning Together in August of 2010 and decided to begin the journey to become trainers because they both want to teach people to have a voice in planning their lives.

THURSDAY, JUNE 9, 2011

ALL DAY: Books Are Fun (YAMWI fundraiser book sale)

7:30 AM - 8:00 AM - REGISTRATION

8:00 AM – 9:15 AM – Featured Presentation: How Professionals Ethically Deal with Clients/Patients – a presentation on the crossroads of ethics and legal issues affecting professionals caring for clients and patients. We will discuss certain laws and case studies, along with ethical decisions.

Presenter: Lt. Gov. Matthew Michels, RN, JD – is a healthcare law attorney with vast experience in managed care, physician-hospital ventures and clinical malpractice, governmental regulation compliance and various business law issues.

915 AM – 10:45 AM – BREAKOUT SESSION IV

19) Methamphetamine in the Community - will discuss the legal and ethical aspects of informed consent for adult and children, exploring such areas as facility admissions, consent to counseling services, health care consent laws and the concepts of client/patient privileged communications. He will also discuss various scenarios and appropriate documentation techniques

Presenter: Brian D. Paulsen, BS, MFS, has 26 years of law enforcement experience with the last 12 as Chief of Police. He received a BS in Criminal Justice Administration in 2006 from Bellevue University, Omaha, NE and a Masters in Forensic Science in 2009 from Nebraska Wesleyan University, Lincoln. Brian employed by the Yankton Police Department.

20) Battlemind – Reintegration Issues – will provide an overview of “Battlemind” and common readjustment concerns of newly returning veterans.

Presenter: Heather Berard, MSW, CSW-PIP, is a licensed clinical social worker. She obtained her Master Degree in Social Work from The Ohio State University in 2007. Heather specializes in working with Operation Enduring Freedom/Operation Iraqi Freedom/Operation New Dawn combat veterans. Heather has been a case manager with the Sioux Falls VA Medical Center with the OEF/OIF/OND program since 2008.

21) Don't Let It Happen to You – Mickey Rooney's list of acting credits is extensive; we're guessing he never expected to add elder abuse to his final resume. We're guessing you don't expect to ever be a victim either, but it is more common than we baby boomers care to believe! Kerryn and Dean Aufderheide would like to take you into the world of “caregiver abuse”, looking at how to spot the symptoms of elder abuse and how to prepare caregivers to care for an elderly loved one. They will inform you on national and local statistics of elder abuse and mandatory reporting laws, as well as causes of abuse, indicators of physical abuse, neglect, sexual abuse, financial abuse, and mental anguish. Elderly victims with dementia will be highlighted.

Presenters: Kerryn Aufderheide, RN, MSW, JD, see session #15 for biography
Dean Aufderheide, Ph.D., see keynote presentation for biography

22) Recovery Planning for Complex Issues: Staying Focused on the Basics – participants will review and discuss the Change Agent Recovery Planning Manifesto developed in 2009. Participants will learn how to match interventions based on where the individual is at within the Stages of Change for each problem or issue. Participants will discuss and review sample treatment plans within the session.

Presenter: Kay Ermish, LMSW-PIP, has seven years of experience in the behavioral health field. She is presently the project coordination for the Co-Occurring Disorders State Incentive Grant under the Divisions of Alcohol and Drug Abuse and Mental Health.

23) Conflict in the home and its effect on children – the primary components of this workshop are on the types of family conflict and the effect on children's behavior, mood, self-esteem, identity formation and education/social achievement.

Presenter: Wallace Jackmon, Ph.D., LCSW-PIP has been a Clinical Psychologist and therapist at Avera Behavioral Health Center in Sioux Falls for past 10 years. He has over 20 years experience working with families and adults at Avera, Charter Hospital and the State of South Dakota.

24) Assistive Technology for People with Learning and Physical Difficulties – Individuals with reading or learning disabilities have difficulty with the task of reading and/or understanding individual words, sentences, and/or paragraphs. Assistive Technology can include software applications which read aloud text on the computer. These applications can increase reading skills and independence. This session will review several of these programs.

Presenter: Page Hudson, BS, is the Assistive Technology Practitioner for Daktoalink in Sioux Falls, SD. He collaborates with university and technical school Information Technology staff establishing technical specifications for adaptive technology solutions. Page trains special education teachers on how to implement adaptive/assistive technology. He is Liaison to South Dakota Departments of Vocational Rehabilitation, Human Services and Education. He works with physicians to provide training on assistive computer applications and he assesses assistive technology needs for individuals of all ages experiencing a wide range of disabilities.

10:45 AM – 12:15 PM – BREAKOUT SESSION V

25) Gangs: Their impact on your school and community – this presentation will provide an overview of gangs and their roles in the school and community settings.

Presenter: Doug Simmons – has been a Police Officer for 28 years, currently serving as a School Resource Officer in a middle school.

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26) Beyond Good and Evil: Inside the Mind of the Psychopath – Take an extraordinary journey through the twisted corridors of the mysterious mind of the psychopath. We will explore the origin and evolution of the concept of the psychopath while we peel back the layers of criminal thinking to discover how and why psychopaths see the world the way they do. We will investigate the genetic and environmental influences on psychopath behavior and learn why the minds of some individuals may be wired for crime and how their perverse inclinations may be beyond good and evil. Using video-taped interviews of psychopaths, participants will learn to identify the unique signs and symptoms of the psychopathic personality and the distinct traits that are “Inside the Mind of the Psychopath.”

Presenter: Dean Aufderheide, Ph.D., - see keynote presentation for biography.

27) Financial Wellness – Important Information for Positive Mental Health – factors will be discussed which link financial wellness to mental wellness as well as support and resources available which may help clients to alleviate financial struggles so they may better focus on their recovery.

Presenter: Anita Nesiba, BS, is a Certified Credit Counselor, Certified Housing Counselor, and Certified Student Loan Counselor. She has experience helping people financially transition as they work to overcome mental health issues and major life changes.

28) Methamphetamine & Clandestine Labs – this presentation will cover all aspects of the drug methamphetamine and also go into clandestine labs, where Meth is produced.

Presenter: Darin Cunningham, BS, is a Special Agent III for the SD Division of Criminal Investigation and has been assigned to Drug Investigations for 15 years.

29) Erasing Imaginary Lines: The Illusion of Race** – Lawrence Diggs presents his interactive presentation in which he will expose the illusion of race and demonstrate how the belief in the illusion of race is the foundation of racism.

Presenters: Lawrence Diggs, is an author, audio producer and presenter on food and culture around the world. He has received numerous awards, including a Medal of Honor with a Gold Star from the government of Burkina Faso, for his work to help make the world a better place for all.

**This program is made possible by the South Dakota Humanities Council, an affiliate of the National Endowment for the Humanities

30) Structured Teaching of Autism – this session provides information on structured teaching (a component of the TEACCH Program) including an introduction to the characteristics of autism, physical structure, daily schedules, work systems and visual clarity.

Presenters: Phil Hall, Ph.D., is a psychologist, author and former Director of the School Psychology Training program at Minot State University, Minot, ND.

Thomas S. Stanage, Ph.D., has served as the Executive Director of Lewis & Clark Behavioral Health Services since 1994. Dr. Stanage and Dr. Hall have worked together as consultants providing diagnostic and psychoeducational services for individuals who have autism and their families.

12:15 PM – 1:30 PM - Luncheon Presentation: Rise & Fall of Small Towns in South Dakota – A discussion about the development of small town institutions: the people, social life, agriculture, and the meaning of Main Street. The presentation will also discuss its impact and contribution to South Dakota and the United States.

Presenter: Bob Swanhorst, MA, graduated from Cresbard High School (1957) and Augustana College (1961). He received a Masters of Arts degree in German & History from the University of South Dakota in 1969. Bob coached and taught for 37 years. He is a member of the SD Sport Hall of Fame, Augustana Hall of Fame and the SD High School Basketball Hall of Fame. Bob published a centennial history of Cresbard in 2006.

1:30 PM – 3:00 PM – BREAKOUT SESSION VI

31) A Review of This Emotional Life – this will be a panel discussion centered on the PBS television series This Emotional Life. The focus will be on the importance of attachment for an emotionally stable life.

Presenter: Catherine Flum, MA, NCC, is a Mental Health Therapist for Lewis & Clark Behavioral Health Services, Inc working with adults in an outpatient setting. She is also a UASD graduate student in the Ph.D. program, Counseling Psychology in Education.

32) Returning Veterans PTSD – the purpose of this session is to educate participants about how to recognize symptoms of PTSD and understand common effects of PTSD on the individual, their family, and social life.

Presenter: Robin Carter-Visscher, Ph.D. is a Licensed Psychologist with special interest and expertise in Posttraumatic Stress Disorder. She is employed at the Sioux Falls VA Medical Center as the PTSD-Substance Use Disorder Specialist and also serves as the Military Sexual Trauma Coordinator.

33) Grief Awareness and Processing - this presentation will provide information (awareness) regarding the impact grief has on an individual. It will offer processing techniques to use in working with individuals.

Presenter: Mark Vande Braak, Ph.D., MT-BC, FT, is a Fellow in Thanatology as well as a Music Therapist-Board Certified. He has been involved with grief work for over 30 years, 24 at Avera Health in Sioux Falls, SD.

34) The Mental Health Professional and the Legal System - How to Be an Effective Witness –an interactive session focusing on how to prepare to be an effective witness and professional ethics in an adversarial setting.

Presenter: Craig A. Kennedy, BA, JD, has been a civil and criminal trial attorney in Yankton since 1977. Yankton County States Attorney 1985-92. Special Assistant Attorney General (S.D.) 1995- present, focusing primarily on licensure for medical professions. Craig is a former president of S.D. Defense Lawyers Association and S.D. Chapter of American Board of Trial Lawyers.

THURSDAY, JUNE 9, 2011

35) A new beginning – a mother and daughter share their story of how they overcame many obstacles. Abbey, the daughter shares how drugs and delinquency destroyed her life, and Jean, the mother shares how she coped with the difficulties and what her role was in helping her daughter find happiness.

Presenters: **Abbey Hunhoff, BA**, a motivated young woman who, by faith, was able to make positive changes in her life to overcome drug abuse and criminal behavior. She currently works as a children's counselor for Lewis & Clark Behavioral Health Services, Inc and as an advocate for the prevention of delinquency and drug abuse in the lives of young people.

Jean Hunhoff, BSN, MSN, MHA, of Avera Sacred Heart Hospital has served in many management roles in nursing and health care administration. She is a state senator from Yankton county serving as chair of Health and Human Services committee and as a member of the Government Operations and Audit, Judiciary and Local Government committees.

36) Six Poems for Children – this session will provide an overview of principles for working with children who have behavioral problems. The principles are both the necessary and sufficient for successfully working with children who have behavior problems.

Presenter: **Phil Hall, Ph.D.**, is the former Director of School Psychology Training program at Minot State University, Minot, ND> He has also written a number of books. The most recent is titled Educating Oppositional Defiant Children.

3:00 PM - 4:30 PM - CLOSING SESSION: The Chemistry of Organizational Life: Or How Leadership Matters Too– this session will introduce concepts of leadership and organizational life. The intent is to suggest the way we act in organizations impacts the health and well-being of all involved.

Presenter: **Matthew R. Fairholm, Ph.D.**, is an associate professor with a joint appointment in the Department of Political Science and the W.O. Farber Center for Civic Leadership at the University of South Dakota. His academic and professional interests focus on public administration, leadership theory and practice, and organizational behavior. His published articles appear in several public administration and leadership journals and his is most recently the author, with Gil Fairholm, of the book *Understanding Leadership Perspectives: Theoretical and Practical Applications* (2009 Springer).

DIRECTIONS: This conference will be held at Mount Marty College, Yankton, SD. The College is located near Avera Sacred Heart Hospital, Yankton Medical Clinic, and Bishop Marty Chapel. Watch for signs directing participants to the conference registration entrance. For information about Yankton, including city map, motels, restaurants, entertainment, etc., contact the Yankton Area Chamber of Commerce at 605-665-3636 or 1-800-888-1460 or access the www.yanktonsd.com website.

2011 MENTAL WELLNESS CONFERENCE OBJECTIVES:

Conference participants will:

- 1) *Explore different therapeutic interventions*
- 2) *Explore contemporary ideas on methods to reduce stress*
- 3) *Examine the impact crisis events have on individuals*
- 4) *Examine factors that may impact effective coping*
- 5) *Identify behaviors that may indicate chemical dependency or mental illness and explore the latest findings concerning intervention and treatment*
- 6) *Address the issues involved in working with clients, students, and loved ones, with different physical and mental needs*
- 7) *Examine the current status of youth in society, their pressures of life, and how everyone can support youth*
- 8) *Describe new methods of “**CARING FOR SELF ... CARING FOR COMMUNITY**”*
- 9) *Incorporate the 2011 conference theme: “**Chemistry for Mental Health: Brain, Personal, Relationships, Life!**”*

PROFESSIONAL CREDIT FOR THIS CONFERENCE WILL BE SUBMITTED TO:

It is the responsibility of each participant to ensure that professional credit meets the criteria for their discipline.

*SD Board of Counselor Examiners (*Ethics hours will be requested*)

*Board of Examiners for Nursing Home Administrators in SD

*SD Board of Social Work Examiners

*Certification Board of Alcohol and Drug Professionals

*SD Emergency Services Office – Emergency Medical Technicians

*SD State Board of Dentistry

*SD Department of Social Services Childcare Services for registered and licensed providers.

*Continuing Education Units – by the SD State Department of Education

*Avera Education & Staffing Solutions is an Approved Provider of continuing education by CNE-Net, the education division of North Dakota Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This continuing nursing education activity is supported through unrestricted grants and exhibits. This does not imply ANCC Commission on Accreditation, CNE-Net, or Avera Education & Staffing Solutions approval or endorsement of any product. Application for contact hours has been made to CNE—Net, the education division of the North Dakota Nurses Association, an accredited approver of continuing education by the American Nurses Credentialing Center's Commission on Accreditation.

Please contact Craig Sherman at Yankton Area Mental Wellness, Inc for more information about contact hours.

CONFERENCE GOAL:

The conference logo depicts the overall conference goal of providing training to healthcare professionals and caregivers in their day to day dealing with persons living with mental health issues.



“Caring for Self...Caring for Community”

FOR ADDITIONAL INFORMATION: Ph: 605-665-4659, Ext. 218 / Fax: 605-665-4673 / E-mail: yamwi.org@gmail.com

www.yamwi.org

Mark Your Calendars:

***14th Annual Yankton Area Mental Wellness Conference
June 6 -7, 2012***

Conference Theme: Going for Gold: Good Mental Health!