

United Way & Volunteer Services of Greater Yankton

PO Box 387

Yankton, SD 57078

**Casual attire encouraged.*

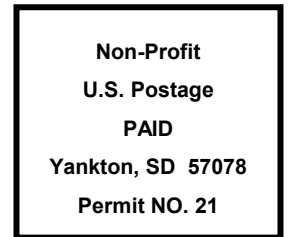
**Bring along business cards for networking.*

**Mark your calendar for next year's conference
set for Mount Marty College on June 8 & 9, 2011.*

**Please share this brochure with your colleagues.*

**Duplicate this brochure as necessary.*

**Route to: _____
_____*



Change Service Requested

Yankton Area Mental Wellness, Inc. presents the 12th Annual



“Caring for Self...Caring for Community”

June 9 - 10, 2010 ♦ Mount Marty College ♦1105 West 8th Street, Yankton, SD

Cost: \$85.00/Participant; late registration fee of \$130.00 required after 05/28/10.

Extra fee for optional college credit: Mount Marty College = 1 undergraduate / University of Sioux Falls = 1 graduate

2010 Conference Sponsors

South Dakota Advocacy Services & PAIMI - Protection & Advocacy for Individuals with Mental Illness Program
Mount Marty College ~ Lewis & Clark Behavioral Health Services, Inc ~ South Dakota Human Services Center
Yankton United Way & Volunteer Services ~ Yankton Press & Dakotan ~ Yankton Medical Clinic ~ Ability Building Services
SD Department of Human Services Division of Mental Health ~ SD Council of Community Mental Health Centers
Benedictine Health Foundation ~ Hy-Vee Food Stores ~ Avera Sacred Heart Hospital ~ Williams & Company PC
Yankton School District #63-3 ~ Keystone Treatment Center ~ Mike Durfee State Prison
Yankton District Office of the South Dakota Division of Rehabilitation Services ~
Coalition for Drug-Free Yankton ~ Healthy Yankton Group ~ Yankton County Child Protection Team
Yankton Area Chamber of Commerce Community Health & Safety Committee
Culhane Communications (KVHT FM) ~ WNAX AM/FM Radio ~ KYNT Radio ~ Yankton County Observer

“Counting on YOU to Make a Difference”

MENTAL WELLNESS CONFERENCE WEDNESDAY, JUNE 9th & THURSDAY, JUNE 10th, 2010

~ REGISTRATION DUE BY MAY 28, 2010 ~

Please *clearly* print or type information. One person per form; please duplicate form as needed.

This information ____may ____may not be shared with conference participants.

NAME: _____ **POSITION/TITLE:** _____

AGENCY/ORGANIZATION: _____ **E-MAIL ADDRESS:** _____

BUSINESS PHONE: _____ **WORK ADDRESS:** _____

CITY: _____ **STATE:** _____ **ZIP:** _____ **FAX:** _____

SESSION REGISTRATION:

Wednesday, June 9, 2010 ~ Please mark first choice (1st) and second (2nd) choice for each session!

Breakout Session I 10:30 AM 1 _____ 2 _____ 3 _____ 4 _____ 5 _____ 6 _____

Breakout Session II 1:30 PM 7 _____ 8 _____ 9 _____ 10 _____ 11 _____ 12 _____

Breakout Session III 3:00 PM 13 _____ 14 _____ 15 _____ 16 _____ 17 _____ 18 _____

Check one: I will I will not be attending lunch at the conference on Wednesday, June 9, 2010.

Conference meals are provided by certain conference sponsors for registered conference participants.

Thursday, June 10, 2010 ~ Please mark first choice (1st) and second (2nd) choice for each session!

Breakout Session IV 9:00 AM 19 _____ 20 _____ 21 _____ 22 _____ 23 _____ 24 _____

Breakout Session V 10:45 AM 25 _____ 26 _____ 27 _____ 28 _____ 29 _____ 30 _____

Breakout Session VI 1:30 PM 31 _____ 32 _____ 33 _____ 34 _____ 35 _____ 36 _____

Check one: I will I will not be attending lunch at the conference on Thursday, June 10, 2010.

Conference meals are provided by certain conference sponsors for registered conference participants.

COLLEGE CREDIT:

Check one: I am I am not registering for undergraduate graduate college credit.

Mount Marty College in Yankton, SD, will be offering one undergraduate credit for an additional fee of \$110. The University of Sioux Falls in Sioux Falls, SD, will be offering one graduate credit for an additional fee of \$40. Individuals seeking college credit must register and pay the appropriate registration fee to Yankton Area Mental Wellness, Inc. Payment for the college credit should be made payable to the appropriate college or university.

For more information about the requirements for college credit contact:

Undergraduate:

Lori Lincoln, Associate Professor, Mount Marty College

Phone: 605-668-1460 or **email:** llincoln@mtmc.edu

Graduate:

Dr. Thomas Stanage, Executive Director,

Lewis & Clark Behavioral Health Services, Inc

Phone: 605-668-3294 or email: Lois.Halbur@state.sd.us

ACCESSIBILITY: If you have any special needs for accommodations, please list here: _____

CONFERENCE FEE: \$85.00/participant (late registration fee of \$130.00 required after May 28, 2010).

Payment must be mailed with registration. Make checks payable to: Yankton Area Mental Wellness, Inc.

Please call 605-665-4659 ext 218 if invoice billing is required for payment by an agency or organization.

RETURN REGISTRATION FORM & FEE TO: United Way & Volunteer Services of Greater Yankton,

ATTN: Yankton Area Mental Wellness, PO Box 387, Yankton, SD 57078

TWELFTH ANNUAL YANKTON AREA MENTAL WELLNESS CONFERENCE

DATE: WEDNESDAY, JUNE 9, 2010

ALL DAY: Books Are Fun (YAMWI fundraiser book sale)

7:30 AM - 8:30 AM - REGISTRATION

8:00 AM - Music as Therapy - The role of music is woven into the fabric of our lives. From the lullabies of our earliest memories to the songs that date the moments we remember, music serves to not only reflect our memories, but also provide the therapy to help us through our daily as well as our lifetime struggles. This session will briefly explore the role of music in our lives.

Michael Miranda, CPA and Colleagues - Professional Musicians

8:30 AM - Welcome & Introductions - Matt Michels, RN, BS, JD, Michels & Associates, Prof. LLC

Presentation of Awards –Pam Kettering, Executive Director, United Way and Volunteers Services

8:45 AM – 10:15 AM - Keynote: Ethical Approach to Pursuing the Good Life – Are you willing to pursue a good life by doing the right thing even when it cost you more than you want to pay? Even though it is difficult to call on our moral courage, remember the old French proverb that says, “There is no pillow as soft as a clear conscience.”

Keynote Presenter: Dr. Mark J. Britzman, is a tenured professor in the Counseling and Human Resource Development Department at South Dakota State University. He is also a licensed psychologist, certified clinical mental health counselor, and Glasser Scholar.

10:30 AM – 12:00 NOON – BREAKOUT SESSION I

1) The New Media and the Art of Reading: Friends or Enemies? – What is the impact of screens (TV, computer, etc.) on Reading? What can we do to promote reading?

Presenter: John E. Miller, PhD, is a former South Dakota State University history professor. He is author of seven books.

**This program is made possible by the South Dakota Humanities Council, an affiliate of the National Endowment for the Humanities

2) Ethics of Personal Relationships (marriage & family focus) – What would it be like to be married to you? This presentation will present essential ingredients to nourish marriages and family life.

Presenter: Mark J. Britzman, EdD, is a tenured professor in the Counseling and Human Resource Development Department at South Dakota State University. He is also a licensed psychologist, certified clinical mental health counselor, and Glasser Scholar.

3) Holistic Approach to Mental Illness – The South Dakota Human Services Center continues to strive to improve the care provided, with attention to the physical and mental health of individuals. This panel will briefly review some of the newest endeavors to meet the needs of patients at HSC, including women’s health screenings, multidisciplinary approach to diabetes education, treatment, and prevention, and implementation of palliative care.

Panel Members: Dr. Victoria Walker, MD, is a Family Practice Physician Certified by the American Board of Family Physicians and employed by the South Dakota Human Services Center, Yankton. Prior to coming to HSC in 2008, Dr. Walker had a medical practice with the Sanford Clinic in Vermillion where she served as the Medical Director for Sanford Vermillion Emergency Services. She is a Clinical Assistant Professor for the Physician Assistant Program and the Department of Family Medicine at the University of South Dakota.

Kirsten DeJean, PA-C, received her nursing degree from Presentation College and worked in various fields of nursing before returning to school. She graduated from the University of North Dakota PA/FNP program in 1993. She works at HSC as a PA-C and is involved with developing protocols and setting up the current ECT program and currently is coordinating a new diabetic program for the HSC patients.

Karen Miller, PA-C, graduated from Sioux Valley School of Nursing. She worked as an RN in ICU, CCU, ER, Psych, and Community Health. She graduated from the University of North Dakota PA/FNP program in 1992. She has worked at SDHSC since graduation. She has been a preceptor for PA students from USD for many years.

4) Alcohol & Drug Involuntary Commitment – this session will cover legal aspects of IVC, petitioner’s responsibility, and defendant’s rights. Detox, medical aspects, aftercare, and the responsibility of treatment facilities will also be addressed.

Presenter: Gerald Ebel, BS, CCDCIII, has worked in the Mental Health/Alcohol & Drug Field for 30 years. He was named Outstanding Treatment Professional in South Dakota in 1997. He is currently Alcohol & Drug Program Director for Lewis & Clark Behavioral Health Services, Inc in Yankton.

5) Cross-Cultural Engagement in Adult Education – this session outlines a conceptual framework for the non-Native educators/professionals who work with Native Americans.

Presenter: Tom Buckmiller, PhD, a former principal at Sacred Heart School, Yankton, recently earned his PhD from Penn State University and now teaches in the Department of Education Leadership at Drake University in Des Moines, IA.

6) How to Help Those with Mental and Emotional Problems Successfully Qualify for Social Security Disability Benefits – this session will address what a person with a mental disability must show in order to qualify for disability benefits. A brief explanation of the appeal paperwork will be covered. Emphasis will be placed on how to successfully help those with mental and emotional disabilities obtain the benefits they need.

Presenter: Renee H. Christensen, BS, JD, is an attorney with Johnson & Christensen Law Office, P.C. in Sioux Falls, SD. She received her BS in Political Science from Eastern Illinois University in 1990. She attended the University of South Dakota School of Law from 1990-93. Renee currently practices law in the areas of personal injury, workers’ compensation and Social Security disability.

12:00 PM – 1:30 PM - Luncheon Presentation: Psychiatric Genomics in South Dakota - Dr. Soundy will be speaking about the Institute of Human Behavioral Genomics and its collaboration with the SDSU College of Pharmacy, Avera McKennan Hospital, and the Sanford School of Medicine. His presentation will include the development of the collaboration, current projects, and future opportunities.

Presenter: Timothy J. Soundy, MD, grew up in rural Nebraska. He received his Bachelor of Arts with High Distinction from Hastings College. He attended the University of Nebraska Medical School in Omaha. He then did an Internship in Internal Medicine at the Mayo Clinic in Rochester, Minnesota where he completed a Psychiatry Residency and Child and Adolescent Psychiatry Fellowship. During his time at Mayo he participated in research in Eating Disorders. After leaving Rochester in 1992 he came to South Dakota to assist in starting a Child and Adolescent Fellowship at the USD School of Medicine. In 1999 he became head of the Division of Child and Adolescent Psychiatry. In 2004 he was promoted to Chairman of the Department of Psychiatry at the Sanford School of Medicine. Dr. Soundy has been involved in adolescent substance abuse research and recently has pursued an interest in psychiatric genomics.

1:30 PM –3:00 PM – BREAKOUT SESSION II

7) Raising Ethically Minded Children – Our children are 27% of our population and 100% of our future. This presentation is intended to improve our moral landscape by ensuring that character counts.

Presenter: Mark J. Britzman, EdD, is a tenured professor in the Counseling and Human Resource Development Department at South Dakota State University. He is also a licensed psychologist, certified clinical mental health counselor, and Glasser Scholar.

8) Emotional Cycles of Deployment – this presentation will look at the cycle of deployment with an emphasis on reunion and reintegration. It will also look at how, as a community we can support our service members and their family through the cycle of deployment.

Presenter – Teresa Henrickson, LPC-MH, CCDCIII, earned her masters degree in Educational Psychology and Counseling from the University of South Dakota in Vermillion, SD. Professionally she has enjoyed private practice and public speaking.

9) Care of the Patient with Breast Cancer from a Psychiatric Perspective– this session will focus on how to care for patients from a psycho-social aspect before, during and after cancer treatment.

Presenter: Barbara K. Clinkenbeard, MS, NP, earned her masters degree in psychiatric and mental health nursing. She is a Psychiatric Nurse Practitioner for Psycho-oncology at Alegen Health in Omaha, NE. She has presented nationally and internationally on psycho-oncology.

10) Teach Not Preach/Native American Alcohol and Drug Treatment Approaches – this session will present difference material and ideas used to help Native Americans feel excepted in group. Teach not preach.

Presenter: Joseph Carda, BS, is employed at Mike Durfee State Prison as a chemical dependency counselor for the Native American treatment program. He previously worked at Lewis and Clark Behavioral Health Services as a job coach and case manager and at the South Dakota Human Services Center as a youth counselor.

11) PFLAG: A resource for Parents, Family and Friends of Lesbians and Gays. – PFLAG, a national organization, has local chapters in SD. Learn about the group's purpose, goals, and resources for gay individuals and their family members as well as for professionals in the mental health field.

Presenters: Sherri Rodgers-Conti, MA & Terri Carlson, are mothers who happen to each have a gay son. They have organization local PFLAG chapters in Yankton and Sioux Falls, respectively.

12) Brain Injury 101 – this fun and dynamic class encompasses elements of brain injury and basic neurology in an easy to understand and captivating format.

Presenter: Jeff Snell, PhD, received his master's degree in Psychometrics Psychology from Northeast Louisiana University and his doctoral degree in Psychology with a specialization in Clinical Psychology from the University of Southern Mississippi. He has an extensive background in cognitive rehabilitation and is an expert in all aspects of the assessment and treatment of individuals who have suffered Traumatic Brain Injuries. Dr. Snell joined the staff at Quality Living, Inc of Omaha, NE, in 1998, where he is the Director of the Psychology/Neuropsychology Department. He is also QLI's Research Coordinator and provides clinical services for QLI's inpatient and outpatient programs.

3:00 PM – 4:30 PM – BREAKOUT SESSION III

13) Treatment for Children with Sexual Behavior Problems – this presentation will address typical and troubled sexual behavior, evidenced based treatment for children ages 2 to 12, and current policy and needs of communities.

Presenters: Elizabeth Rembold, CSW-PIP, QMHP, has worked as a Children's Clinical Therapist at Lewis & Clark Behavioral Health Services, Inc for five years. She received her BA in Social Work and her MSW from the University of Iowa.

Paula Hendrickson, CSW-PIP, QMHP, has worked in a variety of settings including foster parenting, group homes, community based and home based services. She has been employed by Lewis & Clark Behavioral Health Services for the past five years.

14) Suicide and Co-Occurring Disorders: A Personal Perspective – will provide a detailed look into a consumer's thoughts on suicide and addiction followed by a nursing perspective in the care, consumer's need with co-occurring disorders and suicidality.

Presenters: Dale Knode, RN, BS, HSAD, has worked in mental health for 17 years in inpatient and outpatient experience as an Occupational Therapy Assistant and a Registered Nurse and Co-Occurring Therapist in the Yankton Impact Program. He also works as a Psych Nurse in the Army Reserve.

Jeffrey Bayless has endured suicide attempts in his life and working towards recovery in a supported community. He has had life learning skills with his past suicide attempts that can give insight to other consumers.

15) *This Emotional Life: Resources for the Mental Health Professional* – *This Emotional Life*, a PBS documentary, explores ways we can improve our social relationships, cope with negative emotions and become more positive, resilient individuals. This session will highlight particular topics from the documentary and its content-rich companion resources, developed with the latest scientific research.

Presenter: Sherri Rodgers-Conti, MA, In her role at South Dakota Public Broadcasting, Ms. Rodgers-Conti often works with community organizations to provide lifelong learning opportunities in conjunction with particular PBS programs. Past efforts include seminars, writers' workshops, cultural heritage demonstrations, film screenings, children's events, and Science Café's.

16) Systems Transformation for Co-Occurring Disorders – Attendees will hear about the accomplishments and upcoming project goals of the Co-Occurring initiative across the state including what clinicians, agencies, and the Divisions of Alcohol and Substance Abuse are doing to improve treatment for those living with co-occurring disorders.

Presenter: Kay Ermish, CSW-PIP, has worked in the mental health field for six years as a therapist. She is the Project Coordinator for the COSIG Grant under the Department of Human Services.

17) Ethics in the Workplace – Character without competence may lead to bankruptcy. Competence without character will often lead to disgrace. This presentation will ensure ethical conduct in the workplace, including an emphasis on character and competence.

Presenter: Mark J. Britzman, EdD, is a tenured professor in the Counseling and Human Resource Development Department at South Dakota State University. He is also a licensed psychologist, certified clinical mental health counselor, and Glasser Scholar.

18) Demystifying Traumatic Brain Injury Rehab – the world of TBI rehab can be hazy and confusing. Join us as we demystify and clear up the common misconceptions in the TBI industry.

Presenter: Jen Karolski, OTR/L, has presented nation-wide on a variety of topics related to Brain Injury. Her background of occupational therapy paired with her leadership expertise engender a unique perspective on the world of Brain Injury.

THURSDAY, JUNE 10, 2010

ALL DAY: Books Are Fun (YAMWI fundraiser book sale)

7:30 AM - 8:00 AM - REGISTRATION

8:00 AM – 8:45 AM – Featured Presentation: WRAP® World View & System's Transformation - will focus on the world view and benefits of WRAP implementation into our services delivery system to create recovery transformation.

Presenter: Matthew R. Federici, MS, CPRP – is the Executive Director of the Copeland Center for Wellness and Recovery in Brattleboro, VT. Matthew is a national leader and advocate for systems transformation. He is a Certified Psychiatric Rehabilitation Practitioner and member of the United State Psychiatric Rehabilitation Association. Matthew shares that his passion comes from his personal experience in wellness and recovery and utilizing the wellness recovery action plan for multiple levels of his life. He has found the most powerful tool in facilitating recovery for others has been offering peer support and a message of hope.

9:00 AM – 10:30 AM – BREAKOUT SESSION IV

19) Myths of Autism – this presentation will provide a brief overview and historical perspective related to assumptions about the etiology of Autism while at the same time identifying major myths regarding both the causes and treatment of the disorder. The focus will be on increasing the participants understanding of assumptions underlying the most wide spread myths about Autism and to critically evaluate claims regarding both etiology and treatment of the disorder.

Presenters:

Thomas Stanage, PhD, has served as the Executive Director of Lewis & Clark Behavioral Health Services, Inc since 1994. Prior to assuming the Executive Director post at L&CBHS, he was responsible for a statewide autism program through the Center for Disability at the University of South Dakota. He is a 1992 graduate of the University of Nebraska-Lincoln and a 1977 graduate of Yankton College.

Lori Lincoln, MA, Lori Lincoln is an Associate Professor of Social Science at Mount Marty College. She has over 25 years of experience in the fields of education and mental health.

20) Overview of WRAP® – This workshop will provide a brief introduction to WRAP® and its applications on a personal, organizational and systems level. It is intended for participants who have limited to no knowledge of WRAP®.

Presenter: Matthew R. Federici, MS, CPRP, is the Executive Director of the Copeland Center for Wellness and Recovery in Brattleboro, VT. Matthew is a national leader and advocate for systems transformation. He is a Certified Psychiatric Rehabilitation Practitioner and member of the United State Psychiatric Rehabilitation Association.

21) Growing Old Disgracefully – a humorous, serious and practical presentation on the art of growing old based upon the presenter's own experiences in aging plus those of the many role models she has observed and known. Audience dialogue encouraged.

Presenter: Janice H. Mikesell, RN, is the author of 11 chapbooks and is widely published in small presses; poems & short stories. She received the 2009 Mayor's Award for the Arts for Excellence in Literature

**This program is made possible by the South Dakota Humanities Council, an affiliate of the National Endowment for the Humanities

22) Children of Alcoholics – this session will discuss the brain development and personalities of Adult Children of Alcoholics.
Presenter: Dr. Robert R. Perkinson, PhD, is the clinical director of Keystone Treatment Center in Canton, SD. He is a Licensed Psychologist, Licensed Marriage & Family Therapist, Internationally Certified Alcohol and Drug Counselor, South Dakota Certified Chemical Dependency Counselor, Level III, Nationally Certified Gambling Counselor and Supervisor. His specialty areas focus on treating alcoholics, addicts and pathological gamblers.

23) Connecting the Generations – For the first time in history we have four different generations all mixed together in one workplace. Each generation is distinctively different - different motivations, different values, different work habits...and this has created a generational clash we've never experienced before. In this fun class, learn to understand who you are dealing with every day and learn to appreciate what those differences can bring to the workplace.

Presenter: Kathy Hildebrandt, BS, MA, joined the South Dakota Bureau of Personnel Training Staff in October 2006. She teaches a wide variety of classes offered by BOP and some Department of Transportation courses. Prior to joining state government, Kathy served as a Captain in the U.S. Air Force in the personnel career field. She has a Masters degree in Human Resource Development. Training and developing, and motivating others has always been a passion of Kathy's

24) Treatment Needs for those with Co-Occurring Disorders – Attendees will learn about the treatment needs of those with co-occurring disorders including the use of stages of change and stages of treatment toward the "happy life goal" within the treatment plan. Attendees will learn how to use stage-matched interventions.

Presenter: Kay Ermish, CSW-PIP, has worked in the mental health field for six years as a therapist. She is the Project Coordinator for the COSIG Grant under the Department of Human Services.

10:45 AM – 12:15 PM – BREAKOUT SESSION V

25) My Friend – this presentation will discuss Sarah's eating disorder including signs to look for, treatment, health issues, and hospitalizations. We will also discuss self-harming.

Presenters: Jane Goeden, BS, is a first grade teacher at Sacred Heart School in Yankton, SD.

Sarah Goeden, is a Junior at the University of Sioux Falls, pursuing a degree in Social Work.

26) Demographic Change and Diversity – this session will discuss how to deal with our diverse community.

Presenter: Qadir Aware, is the Executive Director of the Multi-Cultural Center of Sioux Falls. Qadir was forced to flee his native Kurdistan in 1974. He came to the United States in 1977. He makes his living as a self-employed businessman as the owner and operator of an in-home daycare business.

27) Community Integration and Recovery – This workshop will provide an introduction to the concept of community integration, barriers to people in recovery and strategies to facilitation of community integration for people in recovery.

Presenter: Matthew R. Federici, MS, CPRP, is the Executive Director of the Copeland Center for Wellness and Recovery in Brattleboro, VT. Matthew is a national leader and advocate for systems transformation. He is a Certified Psychiatric Rehabilitation Practitioner and member of the United State Psychiatric Rehabilitation Association.

28) The Walking Wounded – this session will talk about dealing with families of addicted individuals.

Presenters: Connie Presley-Marr, CCDC II, is the Family Program Coordinator for the Keystone Treatment Center in Canton, SD. She has worked at Keystone Treatment Center for 24 years.

Diane VanRooyen, has been employed at Keystone for 3 ½ years and is currently attending school to become a Chemical Dependency Counselor.

29) Stress Management with Laughter Yoga – Scientific research shows us that laughter can help to resolve workplace stress and many related issues, but until now there has been no reliable and effective system to deliver laughter. Laughter Yoga is that system! It's an innovative form of stress management that can help create a positive workplace environment that encourages self-esteem, cooperation, creative thinking and job satisfaction

Presenters: Dan & Jill Johnson, Jill is co-owner of a yoga studio in Sioux Falls, SD, and has been teaching yoga for over 15 years. Dan is a life coach who brings his many years of small business leadership skills to the table. The mission of Laughter Yoga is good health, joy and world peace through laughter, and it's one the Jill & Dan live every day.

30) Attachment and Play: Strategies and Interventions for Children and Adolescents in a Mental Health Crisis – this workshop will give concrete de-escalation techniques to use with children and adolescents in a mental health crises. Learn how negative behaviors are often a result of dysregulation and how trauma and attachment impact functioning and development. Attachment theory in relation to traumatized and emotionally dysregulated children will be described. Explore creative play strategies and other techniques and learn why they work for de-escalation.

Presenters: Sara Cross, LICSW, graduated from the University of Minnesota School of Social Work program and is currently the Children's Program Clinical Supervisor for People Incorporated's Riverwind Crisis Response Services in Anoka County, MN. She has worked with traumatized and mentally ill children for approximately ten years and specifically in mental health crisis response for the last 4 years.

Kathleen Kane, LICSW, graduated from the University of Minnesota School of Social Work in 2005. She currently is a Mental Health Professional with People Incorporated's Riverwind Crisis Response Services in Anoka County, MN. Kathleen's professional experience has centered on working with traumatized and/or behaviorally challenged children in individual, family, and day treatment therapy settings.

12:15 PM – 1:30 PM - Luncheon Presentation: Delivery of Healthcare in Rural Settings: A Sea of Change – the session will seek to create an interactive experience involving audience response and insights re: the impact of e-health and web 2.0 on rural community development.

Presenter: James B. Beddow, PhD, a native of Woonsocket, SD is a former president of Dakota Wesleyan University in Mitchell, SD. He is founder and current senior consultant of The Rural Learning Center in Howard, SD.

1:30 PM – 3:00 PM – BREAKOUT SESSION VI

31) Gangs: How They Affect Your Community and Schools – this presentation will discuss gangs, school issues, dress codes and how to deal with gang issues.

Presenter – Doug Simmons – has 27 years of law enforcement and has extensive training in gangs and information pertaining to them. He has served in all areas of law enforcement, from patrol, traffic, detective bureau and now community services.

32) Understanding Recovery for Native People – understanding the cultural experience is essential to recreating arenas of growth & reclamation of spirit.

Presenter: Faith Spotted Eagle – has over 30 years experience as a former teacher, counselor, principal, social worker/mental health therapist. She is a Yankton Sioux tribal member, tribal elder, mother & grandmother.

33) The Body, Brain and Addiction- this presentation discusses the neurobiology of addiction and recovery; a program that brings addiction under control so 90-94% of patients stay clean and sober.

Presenter: Dr. Robert R. Perkinson, PhD, is the clinical director of Keystone Treatment Center in Canton, SD. He is a Licensed Psychologist, Licensed Marriage & Family Therapist, Internationally Certified Alcohol and Drug Counselor, South Dakota Certified Chemical Dependency Counselor, Level III, Nationally Certified Gambling Counselor and Supervisor. His specialty areas focus on treating alcoholics, addicts and pathological gamblers.

34) Connecting the Generations – (Repeat of Session #23)

Presenter: Kathy Hildebrandt, BS, MA, joined the South Dakota Bureau of Personnel Training Staff in October 2006. She teaches a wide variety of classes offered by BOP and some Department of Transportation courses. Prior to joining state government, Kathy served as a Captain in the U.S. Air Force in the personnel career field. She has a Masters degree in Human Resource Development. Training and developing, and motivating others has always been a passion of Kathy's

35) Implementation of WRAP® and Peer Specialists: Achieving Systems Transformations – This workshop will provide participants a brief overview of national trends in the development of WRAP® based programming and Peer Specialists initiatives, outcomes and steps to statewide implementation.

Presenter: Matthew R. Federici, MS, CPRP, is the Executive Director of the Copeland Center for Wellness and Recovery in Brattleboro, VT. Matthew is a national leader and advocate for systems transformation. He is a Certified Psychiatric Rehabilitation Practitioner and member of the United State Psychiatric Rehabilitation Association.

36) Dying – The Final Frontier –panel discussion by a hospice team will describe how hospice companions patients and families as they face end of life. Insights will be shared on living fully while facing death.

Presenters: Mary Pistulka, RN, CHPN, has been coordinator of the Hospice program at Avera Sacred Heart Hospital since 1988. She is certified in Hospice and Palliative Care.

Mary Hochstein, NACC, has ministered 17 years at Avera Sacred Heart Health Services primarily in the Acute Hospital and Long Term Care units. The last year she has served full time as Hospice Chaplain and Hospice Volunteer & Bereavement coordinator. She is a certified member of the National Association of Catholic chaplains since 1997.

Tami Mabee, MSW-PIP, has her Masters in Social Work from the University of Iowa. She did counseling in private practice for 16 years, and has done hospice social work since 2007.

Stacey Nickels, MSW, MPA, LCSW-PIP, has her Masters in Social Work and Public Administration. She has been working with the Avera Sacred Heart Hospice Program for almost ten years – four years as a hospice volunteer and the last six years she has been a social worker on the hospice and palliative care teams.

3:00 PM - 4:30 PM - CLOSING SESSION: “Get Ready to Laugh Until it Helps! – Even though we need to take our work seriously, we need to take ourselves lightly. Scientific research shows us that laughter can help to resolve workplace stress and many related issues, but until now there has been no reliable and effective system to deliver laughter. Laughter Yoga is that system! It's an innovative form of stress management that can help create a positive workplace environment that encourages self-esteem, cooperation, creative thinking and job satisfaction. So get ready to laugh until it helps!

Presenter: Dan & Jill Johnson are Laughter Professor's with a mission – to infect everyone they meet with the healing powers of laughter! They were certified as Laughter Yoga Leaders and Trainers by the giggling guru himself, Dr. Madan Kataria. Jill is co-owner of a yoga studio in Sioux Falls, SD, and has been teaching yoga for over 15 years. Dan is a life coach who brings his many years of small business leadership skills to the table. The mission of Laughter Yoga is good health, joy and world peace through laughter, and it's one the Jill & Dan live every day.

2010 Conference Theme: “Counting on YOU to Make a Difference”

This CE Activity is supported through unrestricted education grants and exhibits and does not imply ANCC Commission on Accreditation or CNE-Net Approval or endorsement of any product.

ACCESSIBILITY: The conference site is primarily Americans with Disabilities Act accessible. Please note on your registration form as to special accommodations needed.

DIRECTIONS: This conference will be held at Mount Marty College, Yankton, SD. The College is located near Avera Sacred Heart Hospital, Yankton Medical Clinic, and Bishop Marty Chapel. Watch for signs directing participants to the conference registration entrance. For information about Yankton, including city map, motels, restaurants, entertainment, etc., contact the Yankton Area Chamber of Commerce at 605-665-3636 or 1-800-888-1460 or access the www.yanktonsd.com website.

2010 MENTAL WELLNESS CONFERENCE OBJECTIVES:

Conference participants will:

- 1) Explore different therapeutic interventions
- 2) Explore contemporary ideas on methods to reduce stress
- 3) Examine the impact crisis events have on individuals
- 4) Examine factors that may impact effective coping
- 5) Identify behaviors that may indicate chemical dependency or mental illness and explore the latest findings concerning intervention and treatment
- 6) Address the issues involved in working with clients, students, and loved ones, with different physical and mental needs
- 7) Examine the current status of youth in society, their pressures of life, and how everyone can support youth
- 8) Describe new methods of **“CARING FOR SELF ... CARING FOR COMMUNITY”**
- 9) Incorporate the 2010 conference theme: **“Counting on YOU to Make a Difference”**

PROFESSIONAL CREDIT FOR THIS CONFERENCE WILL BE SUBMITTED TO:

It is the responsibility of each participant to ensure that professional credit meets the criteria for their discipline.

*SD Board of Counselor Examiners

*Board of Examiners for Nursing Home Administrators in SD

*SD Board of Social Work Examiners

*Certification Board of Alcohol and Drug Professionals

*SD Emergency Services Office – Emergency Medical Technicians

*SD Department of Social Services Childcare Services for registered and licensed providers.

*Continuing Education Units – by the SD State Department of Education

**Application for contact hours has been made to CNE-Net, the education division of the North Dakota Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. Please call Craig Sherman at Yankton Area Mental Wellness, Inc for more information about contact hours.*

CONFERENCE GOAL:

The conference logo depicts the overall conference goal of providing training to healthcare professionals and caregivers in their day to day dealing with persons living with mental health issues.



“Caring for Self...Caring for Community”

FOR ADDITIONAL INFORMATION: Ph: 605-665-4659, Ext. 218 / Fax: 605-665-4673 / E-mail: yamwi.org@gmail.com

www.yamwi.org

Mark Your Calendars:

13th Annual Yankton Area Mental Wellness Conference

June 9-10, 2011

Conference Theme:

“Chemistry for Mental Health: Brain, Personal, Relationships, Life!”