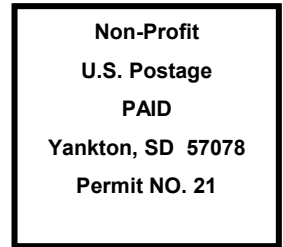


United Way & Volunteer Services of Greater Yankton

PO Box 387

Yankton, SD 57078



**Casual attire encouraged.*

**Bring along business cards for networking.*

**Mark your calendar for next year's conference
set for Mount Marty College on June 9 & 10, 2010.*

**Please share this brochure with your colleagues.*

**Duplicate this brochure as necessary.*

**Route to: _____
_____*

Yankton Area Mental Wellness, Inc. presents the 11th Annual



"Caring for Self...Caring for Community"

June 3 - 4, 2009

Mount Marty College

1105 West 8th Street, Yankton, SD

Cost: \$80.00/Participant; late registration fee of \$125.00 required after 05/20/09.

Extra fee for optional college credit: Mount Marty College = 1 undergraduate / University of Sioux Falls = 1 graduate

"Celebrating the Stars Among Us"

MENTAL WELLNESS CONFERENCE WEDNESDAY, JUNE 3rd & THURSDAY, JUNE 4th, 2009

~ REGISTRATION DUE BY MAY 20, 2009 ~

Please *clearly* print or type information. One person per form; please duplicate form as needed.

This information ____ may ____ may not be shared with conference participants.

NAME: _____ POSITION/TITLE: _____

AGENCY/ORGANIZATION: _____ E-MAIL ADDRESS: _____

BUSINESS PHONE: _____ WORK ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____ FAX: _____

SESSION REGISTRATION:

Wednesday, June 3, 2009 ~ Please mark first choice (1st) and second (2nd) choice for each session!

Session I 10:30 AM 1 _____ 2 _____ 3 _____ 4 _____ 5 _____ 6 _____

Session II 1:30 PM 7 _____ 8 _____ 9 _____ 10 _____ 11 _____ 12 _____

Session III 3:00 PM 13 _____ 14 _____ 15 _____ 16 _____ 17 _____ 18 _____

Check one: ___ I will ___ I will not be attending lunch at the conference on Wednesday, June 3, 2009.

Conference meals are provided by certain conference sponsors for registered conference participants.

Thursday, June 4, 2009 ~ Please mark first choice (1st) and second (2nd) choice for each session!

8:00 AM - 12:00 PM _____ Option 1 - Putting Counseling Ethics to Work

_____ Option 2 - Methamphetamine Abuse and Brain Injury; Sheep are Managed, People are Led; Information Technology and the Family

Session IV 1:30 PM 19 _____ 20 _____ 21 _____ 22 _____ 23 _____ 24 _____

Check one: ___ I will ___ I will not be attending lunch at the conference on Thursday, June 4, 2009.

Conference meals are provided by certain conference sponsors for registered conference participants.

COLLEGE CREDIT:

Check one: ___ I am ___ I am not registering for ___ undergraduate ___ graduate college credit.

Mount Marty College in Yankton, SD, will be offering one undergraduate credit for an additional fee of \$110. The University of Sioux Falls in Sioux Falls, SD, will be offering one graduate credit for an additional fee of \$40. Individuals seeking college credit must register and pay the appropriate registration fee to Yankton Area Mental Wellness, Inc. Payment for the college credit should be made payable to the appropriate college or university.

For more information about the requirements for college credit contact:

Undergraduate:

Lori Lincoln, Associate Professor, Mount Marty College
Phone: 605-668-1460 or email: llincoln@mtmc.edu

Graduate:

Dr. Thomas Stange, Executive Director,
Lewis & Clark Behavioral Health Services, Inc.
Phone: 605-668-3294 or e-mail: Lois.Halbur@state.sd.us

ACCESSIBILITY: If you have any special needs for accommodations, please list here: _____

CONFERENCE FEE: \$80.00/participant (late registration fee of \$125.00 required after May 20, 2009). Payment must be mailed with registration. Make checks payable to: Yankton Area Mental Wellness, Inc. Please call 605-665-4659 ext.218 if invoice billing is required for payment by an agency or organization.

RETURN REGISTRATION FORM & FEE TO: United Way & Volunteer Services of Greater Yankton,
ATTN: Yankton Area Mental Wellness, PO Box 387, Yankton, SD 57078

ELEVENTH ANNUAL YANKTON AREA MENTAL WELLNESS CONFERENCE

DATE: WEDNESDAY, JUNE 3, 2009

ALL DAY: Books Are Fun (YAMWI fundraiser book sale)

7:30 AM - 8:30 AM - REGISTRATION

8:00 AM - Music as Therapy - The role of music is woven into the fabric of our lives. From the lullabies of our earliest memories to the songs that date the moments we remember, music serves to not only reflect our memories, but also provide the therapy to help us through our daily as well as our lifetime struggles. This session will briefly explore the role of music in our lives.

Lori Lincoln, MA, Lori Lincoln is an Associate Professor of Social Science at Mount Marty College. She has over 25 years of experience in the fields of education and mental health.

Michael Miranda, CPA and Colleagues - Professional Musicians

8:30 AM - Welcome & Introductions - Matt Michels, RN, BS, JD, Michels & Associates, Prof. LLC

Presentation of Awards - Thomas Stanage, PhD, Executive Director, Lewis & Clark Behavioral Health Services, Inc.

8:45 AM – 10:15 PM - Keynote: Mobbing in Our Lives – Mobbing is one or more individuals ganging up to force someone out of the workplace through rumor, innuendo, intimidation, discrediting, and humiliation. Seriously damaging people, destroying teamwork and trust, negatively impacting organizational effectiveness, contributing to possible violence, this subtle and status-blind form of harassment puts everyone at risk.

Keynote Presenter: Gail Pursell Elliott, “The Dignity and Respect Lady”, is a professional speaker, trainer, and consultant and founder of Innovations “Training With a Can-Do Attitude”. She is coauthor of the book *Mobbing: Emotional Abuse in the American Workplace*, author of the book *School Mobbing and Emotional Abuse*, and the weekly email column *Food for Thought* which has an international readership. She has appeared on such television programs as ABC World News NOW, MSNBC’s *Deborah Norville Tonight*, CBS News, and the *Workplace Violence Today* program on talk radio.

10:30 AM – 12:00 NOON - SESSION I

1) School Wide Positive Behavioral Interventions and Supports (S-W PBIS) – this presentation will look at the components of S-W PBIS and its benefits to schools and students.

Presenter: Becky Cain, BS, currently serves as Special Education Programs Representative for the South Dakota Department of Education. She has worked with children with emotional and behavioral issues for over 10 years and with the state of SD for 3 ½ years.

2) Counseling Native Americans – this presentation will provide a brief history of Native American issues which will provide an understanding of the issue of mistrust of Non-Indians. It will also describe particular considerations for counselors when working with Native American clients.

Presenter: Sarah Shortbull, BS, is actively pursuing her Master’s degree in both School and Community Counseling. Her areas of interest in counseling are children and families affected by military issues, specifically deployments and working with Native American children and families.

3) Walking on Shifting Sands – the daily dementia experience – this presentation will focus on the challenges, frustrations and rewards of caring for a loved with dementia. We will look at the physical, emotional, legal and financial issues for both the caregiver and their loved one.

Presenter: Holly Hoing, AS, has been active in hospice and end of life care since 1980. She currently serves as director of Countryside Hospice providing community education in areas of end of life, grief and loss advance directives, cancer care and Alzheimer’s.

4) All Puffed Out – this presentation will address strategies for successful smoking cessation in a hospital setting.

Presenter: Josette Lindahl, MD, PhD, completed a Doctor of Medicine Degree at the University of South Dakota School of Medicine, Vermillion, SD. She also completed a PhD in Biochemistry and Molecular Biology, and a Bachelor of Science Degree in Chemistry, both at USD. She is employed as a Psychiatrist at the South Dakota Human Services Center, Yankton. Dr. Lindahl has had numerous prestigious honors and awards, including the 2002-2003 Nation Institutes of Mental Health Outstanding Resident of the Year. She is highly respected for her commitment to research directed at improving the lives of those with mental illness.

5) Psychosexual Evaluation and Sex Offender Treatment Approaches with Adult and Adolescent Sexual Offenders – a basic presentation covering referral processes, psychosexual evaluation processes, sexual recidivism risk assessment, and treatment and management approaches.

Presenter: Dr. Scott Pribyl, Ed.D., is a Licensed Psychologist at Great Plains Psychological Services in Sioux Falls, SD, having provided mental health services in and around Sioux Falls since 1987. Dr. Pribyl has worked in the mental health field since 1978 and has extensive experience with Critical Incident Stress Debriefing; stress management; parenting and life adjustment; divorce and family mediation; family violence and sexual abuse issues. Dr. Pribyl also performs psychological, psychosexual and forensic evaluations and accepts attorney and court referrals.

6) Guardianship, Advance Directives, Individual and Estate Planning: Ideas to “Take Charge” – a discussion of the legal process for individual planning, including advance directives (Business and healthcare), estate planning and guardianship. There will be time for questions and case discussions.

Presenter: Matt Michels, RN, BS, JD, (Michels and Associates, Prof. LLC) is a healthcare law attorney with vast experience in healthcare legal issues. A former U. S. Naval Lieutenant Commander, Michels served as a Federal Prosecutor, International Law Attorney, and Medical Law Legal Counsel at the Naval Legal Services Offices, Mayport, FL. He is a Registered Nurse and holds a Juris Doctorate Degree.

12:00 PM – 1:30 PM - Luncheon Presentation: Advocating for Children – Lt. Governor Dugaard will discuss his experiences, challenges and opportunities in advocating for children in need.

Presenter: Lt. Gov. Dennis Dugaard, BS, JD, worked ten years in trust banking before accepting a position with Children’s Home Foundation in Sioux Falls, SD. In 2003, he became Executive Director of Children’s Home Society of South Dakota, a state-wide nonprofit organization serving abused and neglected children and battered women. Dennis was elected to the South Dakota Senate in 1996, 1998 and 2000. He was elected Lt. Governor in 2002 and 2006.

1:30 PM –3:00 PM – SESSION II

7) Sensory Diet for Autism (Simple Sensory Solutions that Build Success) – a Sensory Diet is an activity program that is developed to meet children’s needs that have sensory processing disorders. A sensory diet includes touch, movement and balance, body positions and ways to calm children.

Presenter: Twyla Kleen, RN, BBA, C, CRRN, CDDN, is a Special Education nurse that has a background in Rehab and Developmental Disabilities. She works with children from early childhood till high school. Autism is one of the many diagnoses that she works with. Storm Lake Schools has approximately 308 special education students.

8) Families as Advocates – Family members are de factor case managers and often do not have the resources or information available to help their family member navigate among the various agencies necessary to achieve recovery. NAMI has resources available to help become better advocates.

Presenter: Phyllis Arends, AA, RN, is currently Executive Director of NAMI South Dakota. She has spent many years as a nurse and Director of Nursing in long-term care.

9) Brain Injury and Aging – this session will cover the topic of aging with a brain injury, including discussion of cognitive, physical/medical and psychological aspects.

Presenter: David S. Demarest, PhD, is a Clinical Neuro-psychologist and the director of psychology and Neuro-psychology services at On With Life, in Ankeny, Iowa. He has worked in the field of brain injury for over 20 years.

10) Drug ID and Effects – will go over several types of drugs, the effects and street names. Will show different drug related items seized in previous drug investigations and how they are used. Will leave time for questions and discussion.

Presenter: Detective Darren Moser, was employed by the City of Yankton in 1996 as a Patrolman. In 2000 he was promoted to Corporal. In 2002 Darren became a certified K-9 handler within the department. In 2007, he was promoted to Detective and a majority of his investigations are narcotic related.

11) Mobbing Survival Skills: To Be or Not To Be – People who are targets of a mobbing process have been thrown from what they believed was an orderly world into a state of chaos in which many points of reference are no longer valid. This confusion is going to prompt them to question all points of reference, including the ones deep inside of them. Their sense of personal dignity can be compromised unless they take steps to protect and preserve that which they value most.

Presenter: Gail Pursell Elliott, “The Dignity and Respect Lady”, is a professional speaker, trainer, and consultant and founder of Innovations “Training With a Can-Do Attitude”. She is coauthor of the book Mobbing: Emotional Abuse in the American Workplace, author of the book School Mobbing and Emotional Abuse, and the weekly email column Food for Thought which has an international readership. She has appeared on such television programs as ABC World News NOW, MSNBC’s Deborah Norville Tonight, CBS News, and the Workplace Violence Today program on talk radio.

12) A Brief Introduction to Person Centered Thinking: Part I – participants will be introduced to the 7 tools and 5 critical thinking skills used in developing Person Centered Plans (PCP’s). PCP’s are being used to provide services in community-based agencies, nursing homes, school systems, and mental health facilities across the nation.

Presenters: Gloria Pearson, MA, is the Executive Director of Ability Building Services, Inc. in Yankton, SD.

Pat Kellar, MA, is Director of Human Resources/Staff Development at Ability Building Services, Inc. in Yankton, SD.

3:00 PM – 4:30 PM – SESSION III

13) School Mobbing and Emotional Abuse – Schools are floundering in a sea of information with regard to the issue of school mobbing/bullying behavior. Bulling and Violence are outcomes. Mobbing is the process that gets you there. Insight and awareness can create a healthier climate in your school and community.

Presenter: Gail Pursell Elliott, “The Dignity and Respect Lady”, is a professional speaker, trainer, and consultant and founder of Innovations “Training With a Can-Do Attitude”. She is coauthor of the book Mobbing: Emotional Abuse in the American Workplace, author of the book School Mobbing and Emotional Abuse, and the weekly email column Food for Thought which has an international readership. She has appeared on such television programs as ABC World News NOW, MSNBC’s Deborah Norville Tonight, CBS News, and the Workplace Violence Today program on talk radio.

14) The Changing Mental Health Rights Dynamic - Mental health rights are often thought of as clear statements of agreed to understanding that have been in place and recognized for long periods of time. However, the reality of mental health rights is that they are in continual flux, developing, evolving and at times contracting. A review of selected historical and current trends will clearly illustrate that mental health rights remain a very dynamic area.

Presenter: Robert J. Kean, JD, serves as Executive Director of South Dakota Advocacy Services, the state designated protection and advocacy system, since inception. SDAS is a private non-profit corporation providing an array of advocacy services statewide to individuals and their families who are eligible for services and whose concerns or issues are related to their disability or illness. Kean has extensive experience serving individuals with disabilities.

15) Service Climate and Your Role in Making it Pleasant – this presentation will focus on the importance of your behavior in making your work place good for your consumers, employer, co-workers, and yourself.

Presenter: David Dracy, PhD, is a clinical psychologist with Lewis & Clark Behavioral Health Services, Inc. He also works at the South Dakota Human Services Center doing evaluations for commitment procedures. His doctoral dissertation was on Service Climate which is the goodness of fit between work environment, providers and consumers.

16) Effects of Depression and Suicide on a Community – Family and community reaction to dealing with family members with a mental health diagnosis and loss due to suicide.

Panel Members: Loren and Cleo Anderson, local mental health advocates who lost a son to depression and possible suicide.

Phyllis Arends, AA, RN, is the Executive Director of NAMI South Dakota. She has spent many years as a nurse and Director of Nursing in long-term care.

Fred Bender, M.Ed., is Clinical Manager for Lewis & Clark Behavioral Health Services, Inc. Fred has been providing services to persons with mental illness since 1980. He has worked in in-patient, out-patient and residential care services.

Moderator: Betty Viau, RN, BSN, MA, LPC-MH, is a Registered Nurse and currently Clinical Director for Lewis & Clark Behavioral Health Services, Inc. in Yankton.

17) Attachment Behaviors and the School, Respite, and Therapeutic Parenting –This session will cover a brief review of attachment, trauma, and bonding information and then go into specific strategies and interventions to help healing at school, home or in respite

Presenter: Marty Wallace, MA, RPTS, LMHC, taught for twenty years. He counseled K-8 for thirteen years, and now is a child therapist/play therapy supervisor and attachment specialist. He has presented and taught play therapy and attachment extensively in Iowa, South Dakota and Minnesota. Marty works as a Registered Play Therapist Supervisor for the Creative Living Center, P.C. in Rock Valley, Iowa.

18) A Brief Introduction to Person Centered Thinking: Part II (continuation of Session 12)– participants will be introduced to the 7 tools and 5 critical thinking skills used in developing Person Centered Plans (PCP's). PCP's are being used to provide services in community-based agencies, nursing homes, school systems, and mental health facilities across the nation.

Presenters: Gloria Pearson, MA, is the Executive Director of Ability Building Services, Inc. in Yankton, SD.

Pat Kellar, MA, is Director of Human Resources/Staff Development at Ability Building Services, Inc. in Yankton

THURSDAY, JUNE 4, 2009

ALL DAY: Books Are Fun (YAMWI fundraiser book sale)

7:30 AM - 8:00 AM - REGISTRATION

8:00 AM – 12:00 Noon

OPTION 1

Putting Counseling Ethics to Work – Participants will explore personal factors that influence ethical decision-making and will apply relevant ethical principal and codes to case studies.

Presenter: James S. Korcuska, PhD, LPC, NCC, is program coordinator for the Counselor Education program at the University of South Dakota, masters though doctoral. He regularly teaches graduate ethics for counselors and presents workshops on ethics to area professionals, as well as maintaining an active research agenda (11 articles in national/international counseling related journals).

OPTION 2

Methamphetamine Abuse and Brain Injury – this session will cover the effects of methamphetamine on brain injury.

Presenter: David S. Demarest, PhD, is a Clinical Neuro-psychologist and the director of psychology and neuropsychological services at On With Life, in Ankeny, Iowa. He has worked in the field of brain injury for over 20 years.

Sheep are Managed, People are Led –Too many supervisors think their role is to tell people what to do. Too many employees think their job is not to think, but to do. Both supervisors and employees have a responsibility to lead.

Presenter: Derrick F. Dufresne, MBPA, is the President of Community Resource Associates, a firm that provides training and consultation to those in the field of disabilities – consumers, families, providers, and state and local governmental agencies. He is dedicated to promoting full community inclusion for people with disabilities.

Information Technology and the Family – This session will be an overview of the technology available to families today and a general discussion of the problems parents face with their teens.

Presenter: Rick Anderson – is former Commander of the Minnesota Internet Crimes Against Children Task Force (ICAC). He currently is the Training Coordinator of the ICAC-Undercover Investigations Course and Consultant for Fox Valley Technical College, Appleton, WI. He is a founding partner of Internet Safety Consulting, LLC.

12:00 PM – 1:30 PM - Luncheon Presentation: “Why Our Stories Matter”

Presenter: Bernie Hunhoff, BA, has been involved in publishing, agriculture, politics, historic preservation and many other aspects of life in South Dakota. He founded South Dakota Magazine in 1985 and has been its editor and publisher ever since. Hunhoff collected and published stories of life in South Dakota for many years before gradually understanding that those stories are not just entertainment. Taken together, they show us who we are as a people and a community. They give us an all-important sense of place.

1:30 PM – 3:00 PM – SESSION IV

19) Cutting & Self Harm – participants will gain insight into this disorder and how it manifests in patients. The presenter will review current treatment methods, expected outcomes and research for future possible treatments.

Presenter: Steven Cochran, MD, is employed as a Psychiatrist at the South Dakota Human Services Center. He is a graduate of Loma Linda University School of Medicine, Loma Linda, CA, where he also completed a Psychiatry Residency with the Department of Psychiatry. He completed an Internship/Psychiatry Residency at The Menninger Foundation, with the Karl Menninger School of Psychiatry, in Topeka, KS, and a Child Psychiatry Fellowship at the University of Colorado School of Medicine, with the Department of Psychiatry, Division of Child Psychiatry, in Denver, CO. Dr. Cochran has extensive experience in private practice, as a Psychiatry Consultant and as an educator.

20) Maximizing Community Resources to Make Housing Affordable for People with Disabilities – The greatest disability is not diagnosis but poverty. Most adults with disabilities are the poorest of the poor. The key is to find integrated, affordable housing that is used by the community at large. Real homes lead to real lives.

Presenter: Derrick F. Dufresne, MBPA, is the President of Community Resource Associates, a firm that provides training and consultation to those in the field of disabilities – consumers, families, providers, and state and local governmental agencies. He is dedicated to promoting full community inclusion for people with disabilities.

21) Grief Processing – How to process grief/loss feelings in a healthy manner versus the “traditional way”.

Presenter: Mark Vande Braak, PhD, Music Therapist-Board Certified, Fellow in Thanatologist, is both a Music Therapist as well as a Grief Therapist at Avera Behavioral Health Center in Sioux Falls, SD. He has developed both grief and music therapy services for over 25 years – 20 at Avera Behavioral Health.

22) ACT Against Violence – this session will provide information to help parents and families learn how to raise children to avoid violence in their lives.

Presenter: LaVonne Lorenzen, NCC, LPC, is currently an elementary counselor for the Yankton School District and a licensed foster parent. She has worked as a home base counselor, a private therapist, and as a counselor in residential treatment.

23) Information Technology and the Family: Part II – This session will go into more depth on the technology available to families today. Tips on safety will be discussed; including filtering, blocking, and monitoring software will be demonstrated. There will be a live Internet portion in which chat rooms, blogs, and various websites will be visited to demonstrate what our teens have access to via the Internet.

Presenter: Rick Anderson – is former Commander of the Minnesota Internet Crimes Against Children Task Force (ICAC) and currently is Training Coordinator of the ICAC-Undercover Investigations Course and Consultant for Fox Valley Technical College, Appleton, WI. Rick is a founding partner of Internet Safety Consulting, LLC.

24) Ins and Outs of IDEA – The Individuals with Disabilities Education Act (IDEA) is a law ensuring services to children with disabilities throughout the nation. IDEA governs how states and public agencies provide early intervention, special education and related services to more than 6.5 million eligible infants, toddlers, children and youth with disabilities. This session will discuss services available and how to secure those services.

Panel Members:

Ann Larsen, MA, is State Director of Special Education Programs for the South Dakota Department of Education. She spent 19 years working in local districts as an elementary and middle school teacher, K-12 special education teacher, an elementary and middle school principal and a special education director. She has been with the SD Department of Education for 7 years, four of those as state director of special education.

John A. Hamilton, BS, JD, MBA, has been Legal Affairs Director for South Dakota Advocacy Services as well as the editor of its newsletter, the *South Dakota Report*, for 23 years. He has assisted well over a thousand families in securing appropriate education services for their child with a disability and is the primary author of the 2007 book, “*What Parents Should Know...About Special Education in South Dakota.*”

Gigi Healy, BS, is Director of Vocational Services at Ability Building Services, Inc. in Yankton. She has over 25 years of experience providing services to people with disabilities

DeeRhonda Anderson, MA, has taught 30 years. For the past 15 years, she developed, implemented and teaches a district-wide classroom for Emotionally Disturbed K-5 children in Yankton.

Linda Messler, MA, is an elementary teacher at Beadle Elementary in Yankton, SD. She has been teaching for 30 years.

Moderator: Charles Barron, EdS, is a School Psychologist, employed with Yankton School District 63-3. Charlie is a strong advocate for children and promotes understanding for their needs as they face our ever diverse world. He is also currently an active member of Yankton Area Mental Wellness, Inc. Board of Directors.

3:00 PM - 4:30 PM - CLOSING SESSION: "As You Will It!" –This session will be a motivational and informative workshop on activities, interventions, trends in child therapy and way to keep ourselves hitting on all cylinders as mental health professionals.

Presenter: Marty Wallace, MA, RPTS, LMHC, taught for twenty years. He counseled K-8 for thirteen years, and now is a child therapist/play therapy supervisor and attachment specialist. He has presented and taught play therapy and attachment extensively in Iowa, South Dakota and Minnesota. Marty works as a Registered Play Therapist Supervisor for the Creative Living Center, P.C. in Rock Valley, Iowa.

2009 Conference Theme: "Celebrating the Stars Among Us"

CONFERENCE SPONSORS: Please *thank* these sponsors for supporting this educational experience!

South Dakota Advocacy Services & PAIMI -

Protection & Advocacy for Individuals with Mental Illness Program

Mount Marty College ~ South Dakota Human Services Center

Lewis & Clark Behavioral Health Services, Inc.

Yankton United Way & Volunteer Services ~ Yankton Daily Press & Dakotan

South Dakota Department of Human Services Division of Mental Health

South Dakota Council of Community Mental Health Centers

Ability Building Services ~ Benedictine Health Foundation ~ Yankton Medical Clinic

Lutheran Social Services ~ Hy-Vee Food Stores ~ Williams & Company, P.C.

Yankton County Observer ~ Missouri Valley Shopper ~ Avera Sacred Heart Hospital

Adult Services and Aging/Department of Social Services ~ Coalition for Drug-Free Yankton

Yankton Area Chamber of Commerce Community Health & Safety Committee

Yankton County Child Protection Team ~ Healthy Yankton Group ~ Yankton School District #63-3

Culhane Communications (KVHT FM) ~ WNAX AM/FM Radio ~ KYNT Radio

Yankton District Office of the South Dakota Division of Rehabilitation Services

This CE Activity is supported through unrestricted education grants and exhibits and does not imply ANCC Commission on Accreditation or CNE-Net Approval or endorsement of any product.

ACCESSIBILITY: The conference site is primarily Americans with Disabilities Act accessible. Please note on your registration form as to special accommodations needed.

DIRECTIONS: This conference will be held at Mount Marty College, Yankton, SD. The College is located near Avera Sacred Heart Hospital, Yankton Medical Clinic, and Bishop Marty Chapel. Watch for signs directing participants to the conference registration entrance. For information about Yankton, including city map, motels, restaurants, entertainment, etc., contact the Yankton Area Chamber of Commerce at 605-665-3636 or 1-800-888-1460 or access the www.yanktonsd.com website.

2009 MENTAL WELLNESS CONFERENCE OBJECTIVES:

Conference participants will:

- 1) Explore different therapeutic interventions
- 2) Explore contemporary ideas on methods to reduce stress
- 3) Examine the impact crisis events have on individuals
- 4) Examine factors that may impact effective coping
- 5) Identify behaviors that may indicate chemical dependency or mental illness and explore the latest findings concerning intervention and treatment
- 6) Address the issues involved in working with clients, students, and loved ones, with different physical and mental needs
- 7) Examine the current status of youth in society, their pressures of life, and how everyone can support youth
- 8) Describe new methods of **"CARING FOR SELF ... CARING FOR COMMUNITY"**
- 9) Incorporate the 2009 conference theme: **"Celebrating the Stars Among Us "**

PROFESSIONAL CREDIT FOR THIS CONFERENCE WILL BE SUBMITTED TO:

It is the responsibility of each participant to ensure that professional credit meets the criteria for their discipline.

*SD Board of Counselor Examiners

*Board of Examiners for Nursing Home Administrators in SD

*SD Board of Social Work Examiners

*Certification Board of Alcohol and Drug Professionals

*SD State Board of Pharmacy

*DECA – Office of Policy & Accountability for Certificate Renewal Credit

*SD Department of Social Services Childcare Services for registered and licensed providers.

*Continuing Education Units – by the SD State Department of Education

**Application for contact hours has been made to CNE-Net, the education division of the North Dakota Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Please call Craig Sherman at Yankton Area Mental Wellness, Inc. for more information about contact hours.*

CONFERENCE GOAL:

The conference logo depicts the overall conference goal of providing training to healthcare professionals and caregivers in their day to day dealing with persons living with mental health issues. The main design resembles the sunshine, the warmth gained by caring for others, and the vitality of good health. The rays indicate how mental wellness adds brightness all around. The bold print reminds us that “wellness” is the core of this conference. The word “conference” at the bottom of the logo denotes that this training will provide a strong foundation for caregivers and professionals. The spacing of the letters indicates that there is room for everyone to support this event and a need for everyone to care about mental wellness.



“Caring for Self...Caring for Community”

FOR ADDITIONAL INFORMATION: Ph: 605-665-4659, Ext. 218 / Fax: 605-665-4673 / E-mail: yamwi.org@gmail.com

Mark Your Calendars:

***12th Annual Yankton Area Mental Wellness Conference
June 9-10, 2010***

Conference Theme: ***“Counting on YOU to Make a Difference”***

Keynote Speaker: ***Dr. Mark J. Britzman***